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Adverse Effects of Acute Baricitinib Exposure on the JAK/STAT Signaling Pathway and Neural Behavior in Adult Japanese Medaka

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Baricitinib (BCT) is a Janus kinase (JAK) inhibition medicine, which has been used in the treatment of several self-limiting immune diseases, including the pneumonia caused by COVID-19, rheumatoid arthritis, and alopecia areata *etc.* Researches show that BCT has significant impact on the mammalian immune system. However, the effects of BCT on aquatic organisms remain unclear. This study utilized the Japanese medaka (*Oryzias latipes*) to investigate the effects on the JAK/STAT signaling pathway and the neurobehavioral toxicity alterations induced by a 96-h Baricitinib exposure at the concentrations of 0, 0.05, 0.5, and 5 mg/L. After exposure, behavioral tests were conducted, and tissue samples of spleens and brains were collected and tested to evaluate the alterations of protein levels. The results showed that there were significant alterations in key proteins of the JAK/STAT pathway (JAK1, STAT1, STAT3, SOCS3, and SOCS8) in the spleen of medaka, with distinct sex-specific patterns between male and female individuals. The serotonin turnover rate (5-HIAA/5-HT) in the brain of male medaka was significantly reduced in the high BCT concentration group (5 mg/L) after BCT exposure. However, for female medaka, it did not change significantly in any exposure groups. Furthermore, results of behavioral assessment showed that BCT exposure significantly affected the behavioral activities and exploratory behavior of Japanese medaka. In general, the results suggested that BCT has significant effects the JAK/STAT signaling pathway as it has been to the mammalian animals. The changes of behavioral traits and brain neurotransmitter levels indicated a potential neurobehavioral influence of BCT on fish. People should pay more attention on the disposal of immunomodulatory medicines regarding to their potential adverse impacts on aquatic organisms.

Key words: Baricitinib, Japanese medaka, JAK/STAT signaling pathway, Neural behavior

INTRODUCTION

There is a considerable population suffering from various autoimmune diseases all over the world (approximately 7.6 – 9.4% of the world's population) (Conrad *et al.*, 2023). Most autoimmune diseases are incurable and persistent, leading to a substantial demand for long-term therapeutic and pharmaceutical treatment, causing large amount of medicine usage, excretion and disposal. JAK/STAT signaling pathway, as one of the most important regulatory pathways in immunological functions, is a major biologics target in the immunomodulatory drug development pipelines.

Baricitinib (BCT) is a JAK kinase inhibitor that was initially developed as a drug for the treatment of various self-limiting immune system diseases, like rheumatoid arthritis, atopic dermatitis, lupus erythematosus and pneumonia caused by coronavirus (Assadiasl *et al.*,

2021; Fetter *et al.*, 2020; Mullard, 2018; Zhang *et al.*, 2022). During the COVID-19 pandemic, BCT has demonstrated marked therapeutic efficacy in the treatment of moderate to severe pneumonia caused by infection of COVID-19 (Assadiasl *et al.*, 2021).

In mammalian, the mechanism of action of Baricitinib is to be a competitive adenosine triphosphate kinase inhibitor that blocks the signaling of certain cytokines by preventing the transfer of phosphate from ATP to JAK, thereby inhibiting activated inflammatory pathways (Kubo *et al.*, 2018; Zhang *et al.*, 2022). Prior research by Fridman *et al.* (2010) reported that BCT administered at a dose of 10 ml/kg in a rat model of adjuvant arthritis produced a partial inhibitory effect on JAK1 and JAK2 and resulted in apparent anti-inflammatory activity. Research by Makabe *et al.* (2024) demonstrated that Baricitinib inhibits JAK/STAT3 pathway activity and colony stimulating factor 1 (CSF1) expression in neuronal cells, thereby improving inflammatory and neuropathic pain. Furthermore, research by Chen *et al.* (2024) showed that Baricitinib ameliorates moderate to severe atopic dermatitis by inhibiting the JAK/STAT signaling pathway of CD4+ T cells, reducing the activities of downstream pathways, and therefore suppressing the T lymphocyte-mediated inflammation. The aforementioned studies have demonstrated that BCT can regulate the JAK/STAT signaling pathway by inhibiting JAK1 and JAK2, thereby effectively intervening in immune inflammatory responses and disease progression

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in mammalian. The intervention of BCT can significantly reduce the level of inflammation, and improve the balance of the immune system.

With the expanding usage of BCT, the environmental ecotoxicity issues it may pose have also attracted people's attention. The pharmacokinetic and clinical pharmacology test results indicated that the elimination half-life of BCT in the human body is approximately 12–13 hours (Mullard, 2018). According to the 'Safety Data Sheet' of the medicine, Olumiant (Baricitinib), provided by the producer Eli Lilly and Company (LLY), approximately 90% of BCT is excreted in its original chemical structure state through urine (69%) and feces (15%) from the body (LLY). This suggests that BCT will be released into the environment through body excretion and enter the natural water system in its original chemical structure maintaining its bioactivity. In addition, improper disposal of unused medications and the abandon during manufacturing can also lead to water or soil contamination. In consideration of environmental risks, Khan *et al.* (2023) employed quantitative structure–activity relationship (QSAR) models and expert systems to make predictions. The results indicated that BCT is moderately to highly toxic to aquatic species, with a minimum predicted toxicity value of approximately 1 mg/L. Therefore, in the near future, BCT may pose ecotoxicological risks to the aquatic environment.

The Japanese medaka (*Oryzias latipes*) is a suitable and commonly used ecotoxicological model organism to evaluate the toxicological effects of chemical substances (OECD, 2012; Shima and Mitani, 2004). The physiological parameters and behavioral traits of medaka have been well studied, and proved to be appropriate to assess the toxicity of various pollutants (Matsumoto *et al.*, 2009). Therefore, in the present experiment, Japanese medaka (*O. latipes*) was employed to investigate the toxicity effects of acute 96-hour exposure to different concentrations of BCT (0, 0.05, 0.5, 5 mg/L) on the JAK/STAT signaling pathway and neural behavior of fish. The study is aiming to provide useful result for assessing the ecological risk of BCT to fish in the aquatic environment.

MATERIALS AND METHODS

Chemicals and reagents

Baricitinib (CAS No. 1187594–09–7) was purchased from Shanghai Send Pharm Co., Ltd. (Shanghai, China). Dimethyl sulfoxide (DMSO) and other reagents were purchased from Sinopharm Chemical Reagent Co., LTD. (Shanghai, China).

Organisms

Six-month-old Japanese medaka (*Oryzias latipes*) were obtained from the broodstock maintained in the Fish Experimental Platform of Jiangsu University (Zhenjiang, Jiangsu Province, China). Male and female Japanese medaka were cultured in rectangular glass aquariums containing dechlorinated tap water (salinity of 1‰; oxygen = 5.2 ± 0.8 mg/L; light : dark cycle=14L :

10D h). The fish were fed with *Artemia nauplii* (< 24 h after hatching) twice per day. The water temperature was maintained at $25 \pm 1^\circ\text{C}$, and the culturing water was replaced once every three days.

Experimental design and biological sampling

According to the 'Safety Data Sheet' of Olumiant (Baricitinib), the 96-h LC_{50} of BCT for Fathead minnow (*Pimephales promelas*) was greater than 18 mg/L (LLY). We predicted that the 96-h LC_{50} of BCT for Japanese medaka was 25.57 mg/L using Interspecies Correlation Estimation (ICE). Therefore, the maximum exposure concentration of BCT was set to be 1/5 of the LC_{50} values in the present study. The final exposure concentrations of BCT were 0, 0.05, 0.5, and 5 mg/L in the medaka culturing water. The control group (0 mg/L) was assigned with the same concentration of solvent dimethyl sulfoxide (DMSO).

For the exposure experiment, healthy fish were randomly and equitably distributed in 3-L glass cylindrical tanks containing 2.5 L of an exposure solution. Each tank contained 4 fish, and each concentration included 3 tanks as replicates. Medaka of different sex was exposed to BCT separately. This test was conducted for 96-hour under the identical conditions as culturing, except for fasting during the test. Exposure solutions were renewed every day. At the end of the 96-hour exposure, three fish were randomly selected from each glass cylindrical tank for the behavioral test. Subsequently, all the fish were placed into an ice water bath ($0 - 4^\circ\text{C}$, 10 min) for euthanasia, measured for body weight and length, and dissected in order to get the brain, liver, and spleen. Fish tissues were frozen in liquid nitrogen for 5 minutes, and stored at -80°C .

Behavioral assay

After the exposure experiment, three Japanese medaka in each tank (as one group) were randomly selected and positioned in an aquarium ($20 \times 9 \times 10$ cm) containing 1 L of culturing water. After a 10 minutes acclimatization period, fish locomotor behavior was tracked for 15 minutes using the DanioVision system (Noldus, Wageningen, Netherlands), following the method described by Chen *et al.* (2021). The video data was analyzed using EthoVision XT software (Version 11.5; Noldus). Behavioral traits, the average swimming velocity (ASV), duration of exploratory behavior, and frequency of active mobility (FAM), were used to represent traits of locomotion (Wang *et al.*, 2024).

Biochemical assays

For the biochemical assays, an appropriate amount of tissue was weighed, homogenized with physiological saline, and then centrifuged ($6000 \times g$, 15 min) to obtain the supernatant. ELISA kits (Keshun Biological Technology Co., Ltd., Shanghai, China) were used to measure the levels of 5-HT and 5-HIAA in the brain supernatant, following the manufacturer's instructions, as well as the levels of Janus kinase 1 (JAK1), signal transducer and activator of transcription 1 (STAT1), sig-

nal transducer and activator of transcription 3 (STAT3), suppressor of cytokine signaling 3 (SOCS3), and suppressor of cytokine signaling 8 (SOCS8) in the spleen supernatant. Furthermore, determination of the protein concentration was carried out using a BCA Kit (Beyotime Biotechnology Co., Ltd., Shanghai, China), and the units of each parameter were normalized by the total protein amount (/mgp).

Statistical analysis

The normality of the data and the homogeneity of the variances were determined using Levene's and Shapiro–Wilk's tests, respectively. The generalized linear model (GzLM) was performed to analyze the combined effects of sex and BCT concentration on levels of key proteins in the spleen, as well as on brain neurotransmitter levels and behavioral traits. Subsequently, a simple effects analysis was conducted to ascertain the statistical differences between exposure and control groups across sex. All statistical analyses were performed using SPSS 11.0 J (SPSS Japan, Tokyo, Japan).

RESULTS

During the exposure experiment, all medaka fish

survived. The average body lengths (mean \pm SE) of male and female Japanese medaka were 1.86 ± 0.22 cm and 2.13 ± 0.34 cm, respectively. The average body weights (mean \pm SE) of male and female Japanese medaka were 102.59 ± 0.01 mg and 91.38 ± 0.01 mg, respectively.

Variation in key proteins of the JAK/STAT pathway in the spleen

As shown in Fig. 1, the effects of BCT exposure on the levels of the key proteins in the JAK/STAT signaling pathway were more pronounced in females than in males. In the spleen of female medaka, the levels of all tested proteins in JAK/STAT signaling pathway exhibited significant increases across all concentrations following 96-h acute BCT exposure. On the other hand, for male medaka, 96-h exposure to BCT significantly reduced the levels of JAK1 (0.05 and 5 mg/L, Fig. 1A), STAT1 (5 mg/L, Fig. 1B), and SOCS3 (0.05, 5 mg/L, Fig. 1D) in spleen, meanwhile the level of SOCS8 (0.05 and 0.5 mg/L, Fig. 1E) significantly increased. However, STAT3 level did not significantly affected by the acute exposure of BCT.

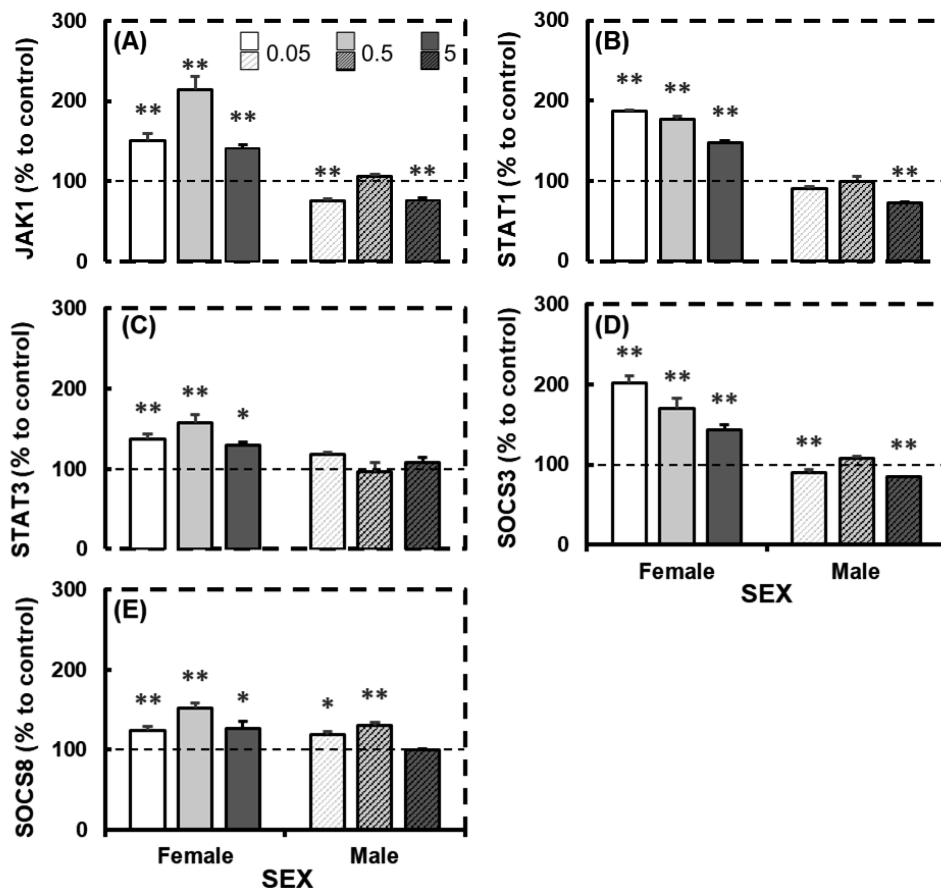


Fig. 1. Levels of key proteins in the JAK/STAT signaling pathway in the spleen of Japanese medaka (*O. latipes*) after 96-hour acute BCT exposure.

Data (mean \pm SEM, $n = 3$) are presented as percentages relative to the control. Asterisks indicate significant differences between the exposure group and the control group (** $p < 0.05$, * $p < 0.01$). JAK: Janus Kinase; STAT: Signal Transducer and Activator of Transcription; SOCS: Suppressor of Cytokine Signaling.

Variation in behavioral traits and the neurotransmitter levels in brain

In Figure 2, graph A, B and C show the variations of behavioral traits of Japanese medaka after the 96-h BCT exposure in the concentrations of 0.05, 0.5 and 5 mg/L. For female medaka, the frequency of active mobility (FAM) showed significant decrease in 0.5 and 5 mg/L groups, while average swimming velocity (ASV) and duration of exploratory behavior (DEB) were not significantly affected by the exposure to BCT. The DEB of male medaka decreased in the 0.5 mg/L exposure group. And in the concentration groups of 0.05 and 5 mg/L, male ones showed reduced FAM.

Fig. 2C and 2D show the expression changes of serotonin (5-HT), which is a neurotransmitter that regulates mood and sleep, and its primary metabolite, 5-hydroxyindoleacetic acid (5-HIAA). Fig. 2E shows the level changes of serotonin turnover (5-HIAA/5-HT), which reflects the dynamic balance between the synthesis and degradation of serotonin. For female medaka, level of 5-HT in brain increased in the 0.5 mg/L 96-h BCT exposure group, while the level of 5-HIAA increased in 5 mg/L exposure group. However, there was no significant change on serotonin turnover rate in any of the

exposure groups. On the other hand, after being exposed to BCT for 96 hours, the levels of 5-HT in all concentration groups and 5-HIAA in both 0.05 and 0.5 mg/L groups showed significant elevation. Meanwhile, there showed a significant decrease of 5-HIAA/5-HT in the 5 mg/L 96-h BCT exposure group.

Combined effect of sex and exposure concentration of BCT

Table 1 shows the results of using GzLM analysis to examining the effects of sex differences, BCT concentration gradients, and their interaction on the expression level of key proteins of JAK/STAT signaling pathway in the spleen, behavioral traits and neurotransmitters in the brain of Japanese medaka.

The expression levels of all protein tested in the JAK/STAT signaling pathway expressed significant influence by sex difference, BCT concentration, and their interactions. Considering the results shown in Fig. 1, levels of the key proteins in the spleen of female medaka were more significantly affected after 96-h BCT exposure.

Results of the GzLM analysis also showed that sex difference had significant effect on the behavioral trait

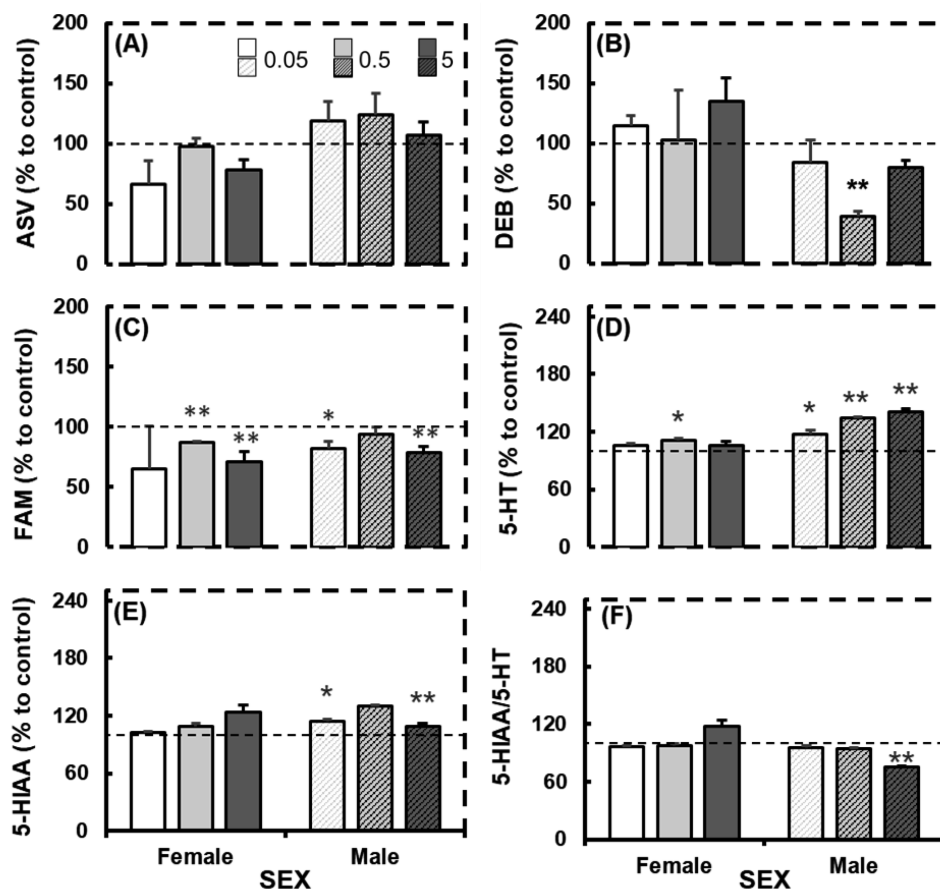


Fig. 2. Changes in behavioral characteristic parameters (A, B, C) and neurotransmitter levels in the brain (D, E, F) of Japanese medaka (*O. latipes*).

Data (mean \pm SEM, $n = 3$) are presented as percentages relative to the control. Asterisks indicate significant differences between the exposure group and the control group (* $p < 0.05$, ** $p < 0.01$). ASV: Average swimming velocity; DEB: Duration of exploratory behavior; FAM: Frequency of active mobility; 5-HT: 5-Hydroxytryptamine; 5-HIAA: 5-Hydroxyindoleacetic Acid.

Table 1. Results of the statistical significance (GzLM) of the effects of different concentrations of Baricitinib, sex-difference, and their interaction on the key protein levels of JAK/STAT signaling pathway, behavioral traits, and neurotransmitters of adult Japanese medaka (*O. latipes*)

Statistical variables (df)	JAK/STAT pathway key proteins					Behavioral traits			Neurotransmitters		
	JAK1	STAT1	STAT3	SOCS3	SOCS8	ASV	DEB	FAM	5-HT	5-HIAA	5-HIAA/5-HT
BCT (df = 3)	42.75**	193.57**	9.87**	72.98**	249.25**	2.24	16.67**	18.90**	48.98**	44.43**	0.63
SEX (df = 1)	109.81**	244.12**	170.36**	28.94**	130.46**	103.89**	3.18	234.90**	23.39**	0.41	6.30*
BCT×SEX (df = 1)	61.16**	186.80**	9.88*	121.59**	35.28**	8.48*	14.20*	14.41**	14.52**	23.36**	25.93**

ASV and FAM, but little effect on the DEB. However, the correlation of sex and BCT concentration could affect the behavior traits of all three parameters.

In the brain of Japanese medaka, level of 5-HT was significantly affected by the BCT concentration, sex, and their interaction. The level of 5-HIAA in the brain was significantly affected by the BCT concentration and its interaction with sex. And the serotonin turnover (5-HIAA/5-HT) was significantly affected by sex and its interaction with BCT concentration.

DISCUSSION

Baricitinib regulates the immune environment of an organism by affecting the activity of the immune system through inhibition of the JAK/STAT pathway. The JAK/STAT signaling pathway is a cornerstone of cellular signaling and can regulate physiological processes such as inflammation and stress (Sarapultsev *et al.*, 2023), thereby maintaining immune homeostasis. Extracellular signals induce autophosphorylation and activation of intracellular JAK kinases, which subsequently lead to phosphorylation and translocation of STATs into the nucleus, where they bind to the corresponding regulatory sequence to regulate transcription of target genes (Rawlings *et al.*, 2004). Therefore, inhibition of normal JAK function might result in immunosuppression. BCT, as a JAK inhibitor, can inhibit the catalytic activity of JAK kinase, blocking the inflammatory cascade and reducing inflammation (Satarker *et al.*, 2021). The uptake of BCT would be likely to suppress the immune system and impact normal immunity of living organisms, and cause side effects (Markham, 2017; Xin *et al.*, 2020).

Previous studies have reported the toxicity effects of BCT in mammals. However, the potential toxicity of BCT to aquatic organisms remains unclear. The results of present study indicated that acute BCT exposure affected the expression level of some key proteins in the JAK/STAT signaling pathway in the spleen of Japanese medaka, which might affect the regulation of immune system function. Furthermore, the significant changes in behavioral parameters and neurotransmitters in the brain of medaka indicated that BCT may exhibit neurobehavioral toxicity in Japanese medaka.

JAK1, STAT1, STAT3, SOCS3, and SOCS8 are key proteins in the JAK/STAT signaling pathway. The alteration of their expression level could be critical to immune function. JAK1 is a Janus kinase that is the target site of BCT action and is mainly responsible for immune system development and immune regulation in the JAK family

(Liau *et al.*, 2019; Xue *et al.*, 2023). STAT1 and STAT3 are signaling molecules downstream of JAK and play important roles in the pathogenesis of autoimmune disorders (Xue *et al.*, 2023). In the present study, the reducing levels of JAK1 and STAT1 in male medaka and the increasing levels of JAK1, STAT1 and STAT3 in female medaka (Fig. 1A, B and C) after being exposed to BCT exposure indicated that both JAK and STATs expressions were regulated. It has been reported that the abnormal expression of JAKs and STATs would interfere the downstream immune processes in human being (Aota *et al.*, 2021; Dang *et al.*, 2021; Kubo *et al.*, 2018). SOCS3 and SOCS8 are negative feedback regulators that suppress immune responses through JAK/STAT signaling pathway (Shan *et al.*, 2023; Xin *et al.*, 2020). In mammals, SOCS3 is a direct target of STAT3 signaling, and STAT3 forms a negative feedback regulatory loop by inducing SOCS3 expression (Carow and Rottenberg, 2014; Sims, 2020; Zhang *et al.*, 2006). Therefore the abnormal expression changes of STAT3, SOCS3 and SOCS8 may affect the feedback regulation of JAK/STAT signaling pathway in Japanese medaka. Particularly, in female medaka, levels of all tested proteins in JAK/STAT pathway were significant induced in all BCT concentration groups after the 96-h acute exposure. This suggested a stimulation of BCT on JAK/STAT signaling pathway. Considering the result of GzLM analysis and the expression changes of these proteins in both female and male medaka (Fig. 1), sex appears to be an important factor influencing the adverse effects of BCT on the JAK/STAT signaling pathway in Japanese medaka.

The effects of chemicals on fish behavior have direct ecological importance, because behavior is closely related to the overall health and survival of an individual (Brodin *et al.*, 2014). Locomotor activity can coordinate fish physiology and improve their metabolism and energy use, which in turn affects their ability to forage and avoid predators (Colwill and Creton, 2011; Dong *et al.*, 2022). Exploratory behavior is a response of organism to unfamiliar environments, resources, or objects, which may result to discovering new food sources or reducing competitive pressure (Burns *et al.*, 2016). The present results showed that BCT exposure could induce reduced motor activity in Japanese medaka and reduced exploratory behavior in male medaka, as indicated by reduced FAM and DEB scores (Fig. 3). These changes suggested that BCT impairs the behavioral performance of Japanese medaka and might further affect the health status of the fish.

Previous studies showed that BCT could cross the

blood–brain barrier and affect the central nervous system of mammalian (Gavegnano *et al.*, 2019; Richardson *et al.*, 2020). The serotonin neurotransmitter system is involved in all activities of the central nervous system (De Boer *et al.*, 2015; Winberg and Thörnqvist, 2016). The up-regulation of the 5-HT and 5-HIAA levels in the brain of Japanese medaka exposed to different concentrations of BCT for 96-h may cause adverse effect on nervous system (Fig. 2D and E). It is known that the serotonin (5-HT) nervous system in the brain is an important mediator in the modulation of behavioral characteristics in teleost (Winberg and Thörnqvist, 2016). 5-HIAA is the major metabolite of 5-HT, and 5-HIAA/5-HT reflects the relative balance of 5-HT synthesis, release, and metabolism *in vivo*, and the ratio can be used to assess the activity of the 5-HT neurotransmitter system in the brain (Antunes *et al.*, 2024; Winberg and Thörnqvist, 2016). In general, increased 5-HT levels are associated with decreased motor activity (Meshalkina *et al.*, 2018; Qiu *et al.*, 2022; Sallinen *et al.*, 2009). Therefore, the presented results of behavioral traits changes of Japanese medaka, and the abnormal expression levels of 5-HT, 5-HIAA and 5-HIAA/5-HT suggested that 96-h BCT exposure affected fish behavior through regulating the expression of neurotransmitters. Besides, because the JAK–STAT pathway is also regulating the reuptake process of 5-HT in the nervous system (Kabiri *et al.*, 2020; Kong *et al.*, 2015), BCT may affect the 5-HT reuptake process through interfering with the JAK–STAT signaling pathway. However, serotonin turnover was significantly reduced only in the male medaka brain at 5 mg/L BCT exposure (Fig. 2F). Moreover, the effect of BCT on the neural behavior of Japanese medaka may lead to a decrease in fish foraging and viability, thereby affecting population size and ecosystem balance.

The present result revealed sex-specific responses to the 96-h acute BCT exposure, to the extent that the changes or trends in the same parameters were completely opposite in different sex of Japanese medaka. Other research also reported sex-specific toxicity effects of chemicals in teleost. Research by Qiu *et al.* (2023) reported sex differences in monoamine neurotransmitter changes in medaka brains after diazepam exposure. Another research also found that 7-day thiomersal exposure to zebrafish decreased the level of 5-HT in the brains of male fish, but had no significant effect on female ones (Qiu *et al.*, 2024). These results suggested that sex-specific variations exert profound influences on toxicological investigation of chemicals.

CONCLUSION

In the present study, adult Japanese medaka (*O. latipes*) was waterborne exposed to a 96-h acute BCT (concentrations of 0, 0.05, 0.5, 5 mg/L) exposure test. Key protein levels in the JAK/STAT signaling pathway in the spleen, neurotransmitter levels in the brain and behavioral traits were detected to explore the adverse effects of BCT on the JAK/STAT signaling pathway and

neurobehavioral aspects in adult medaka. Results indicated that BCT have sex-specific effect on the expression levels of key components of JAK/STAT signaling pathway in the spleen of medaka. It may influence the regulation and balance of immune system. Brain neurotransmitters also showed a sex-specific response to BCT exposure, with changes in the 5-HT neurotransmitter system appearing to be more sensitive in the brain of male medaka. Moreover, BCT exposure significantly reduced locomotor activity in both male and female Japanese medaka and reduced exploratory behavior in male medaka. This may be due to changes in neurotransmitter levels in the brain. Therefore, BCT may have neurobehavioral toxicity on fish. In general, the present study suggested adverse effects of Baricitinib on the regulation of immune system and neurobehavioral aspects of Japanese medaka, addressing the deficiency of research on self-limiting immune system medicines in environmental toxicology.

AUTHOR CONTRIBUTIONS

J. Dong did laboratory work, performed the exposure experiment, measured the parameters presented in the experiment, managed the data analysis, and wrote the manuscript. X. Qiu contributed to the design of the experiment, mathematic analysis, and paper wiring. Y. Oshima supervised the design of experiment and contributed to the modification of the manuscript. Y. Shimasaki supervised the experiment process, data analysis, and manuscript modification. Y. Takai supervised the experimental work and modified the manuscript. K. Chen designed the experiment, managed the data analysis, wrote the manuscript, and provided fund for the study.

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