

九州大学学術情報リポジトリ  
Kyushu University Institutional Repository

---

## [023]Journal of Health Science

<https://hdl.handle.net/2324/4783992>

---

出版情報：健康科学. 23, 2001-03-01. 九州大学健康科学センター  
バージョン：  
権利関係：

# JOURNAL OF HEALTH SCIENCE

Vol.23

## CONTENTS

### REVIEWS

- The Limitation in Pulmonary Oxygen Uptake Kinetics at the Onset of Exercise** Shibuya K and Ogaki T ..... 1
- Physical Activity and Psychological Health in the Elderly** Yasunaga A and Tokunaga M ..... 9

### ORIGINALS

- Body Temperature, Hormonal and Metabolic Responses during Swimming with Clothes and Swimming with Swimsuit in Cold Water at 21°C**
- Ebisu Y, Ueda T, Fujishima K, Ogaki T, Hotta N, Kanaya S, Taimura A, Shimizu T, Otoki K, Suga M and Shono T ..... 17
- Postprandial Plasma Glucose and Serum Insulin Responses to Sugar-free Biscuit** Saito A ..... 25
- Subcutaneous Fat Mass in Japanese Young Children** Komiya S, Eto C, Otoki K and Teramoto K ..... 31
- Development of A Self-administered Questionnaire to Assess Disease-prone Personalities: Item Construction and Content Validity**
- Nagano J and Sudo N ..... 41
- Development of Health and Life Habit Inventory for Students** Tokunaga M and Hashimoto K ..... 53
- Effects of the Menstrual Cycles on Metabolic Response to Prolonged Aerobic Exercise**
- Shimizu F, Komiya S, Ogaki T and Fujino T ..... 65

### REPORTS

- Exercise Prescription in Water for Aged Women - A 1yr Longitudinal Study-**
- Hotta N, Fujishima K, Ogaki T, Kanaya S and Fujino T ..... 75
- Survey on Lifestyle in Kyushu University Students**
- Uezono K, Kawasaki T, Babazono A, Fujino T, Utsunomiya H, Narimizu T and Takeya S ..... 79
- Estimate of Exercisem Intensity Based on Frequency Distribution of Heart Rate during Mountain Hiking in Middle-aged and Elderly Women** Saito A ..... 85
- Evaluation Scales for Athletes' Psychological Competitive Ability: Development and Systematization of the Scales**
- Tokunaga M ..... 91
- A New Approach to Exercise Adherence** Nabetani T and Tokunaga M ..... 103