

# Inactivation of Bacillus Spores Suspended in Physiological Salt Solution, Potage and Ketchup by the Combination of Moderate Heat and Low Hydrostatic Pressure

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## **Inactivation of *Bacillus* Spores Suspended in Physiological Salt Solution, Potage and Ketchup by the Combination of Moderate Heat and Low Hydrostatic Pressure**

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The inactivation effect of combined treatment of moderate heat and low hydrostatic pressure (MHP) of *B. subtilis*, *B. coagulans* and *B. stearothermophilus* spores suspended in physiological salt solution and in food materials such as potage and ketchup was investigated. *B. coagulans* spores were more heat and pressure resistant compared to other spores tested in this experiment. There were 4–8 log cycle reductions of *Bacillus* spores in potage and physiological salt solution during MHP treatment at 85 °C for 12 h, and long time heat treatment could not kill any *B. coagulans* and *B. stearothermophilus* spores under the same treatment temperature and time. *B. subtilis* and *B. stearothermophilus* spores were completely inactivated at 65 °C for 3 h and 85 °C for 6 h, respectively, during MHP treatment in physiological salt solution and potage. In ketchup, all *Bacillus* spores are highly sensitive in both MHP and heat treatments. *B. subtilis* spores were completely inactivated in ketchup at 75 °C and other two strains were inactivated at 85 °C. These results indicate that MHP treatment could be utilized in low acid food to achieve high sporicidal activity and used as an effective alternative to high temperature retort processing or ultra high pressurization.

## INTRODUCTION

Consumers demand high quality, minimally processed foods with fresh characteristics and no additives. A novel food preservation method receiving wide attention is high pressure processing wherein the food is treated at elevated pressures of 100–1000 MPa for a specified temperature and time. The destruction of microorganisms by high pressure was reported 100 years ago (Hite, 1899). From many studies, it was indicated that the hydrostatic pressure can inactivate microorganisms without altering the flavor and nutrient components of foods (Cheftle, 1992). At present retort processing, which used high temperature such as 121–135 °C for 20 min holding time followed by 20 min cooling, is employed to eliminate bacterial spores in food, but the high temperature necessary for inactivation causes losses in nutrients, produces burnt flavor and allergic components (Codina *et al.*, 1998; Chung & Champagne, 1999).

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In high pressure sterilization, bacterial spores were more resistance than vegetative bacteria (Timson & Short, 1965; Cheftle, 1992), surviving up to 1200 MPa (Larson *et al.*, 1918; Johnson & Zobell, 1949; Timson & Short, 1965; Sale *et al.*, 1970). Hence, it has been suggested that bacterial spores are poorly inactivated by the hydrostatic pressure treatment at room temperature (Sonoike, 1997). On the other hand, combination with heat was effective mean to increase the inactivation of bacterial spores (Gould, 1973; Mallidis & Drizou, 1991; Roberts & Hoover, 1996). Whereas, pressure >600 MPa combining with mild or moderate heat was required to inactivate all spores (Hayakawa *et al.*, 1994a, b; Mills *et al.*, 1998). According to the material strength, it is possible to make pressure equipment with a vessel size over 10 ton under reasonable cost if operating pressure is  $\leq 100$  MPa. On the contrary, it can be only make very small size pressure vessel (<100 kg) if the operating pressure is  $\geq 600$  MPa. Considering these facts, in our laboratory several attempts have been made to reduce the pressure by combining heat treatment (Furukawa & Hayakawa, 2000, 2001 Furukawa *et al.*, 2001). Furukawa and Hayakawa (2001) suggested that low hydrostatic pressure from 60 to 100 MPa is highly effective in sterilizing *B. stearothermophilus* spores in combination with long time heating at 75–95 °C. *B. stearothermophilus* spores are the most heat-tolerant species among aerobic spore-forming bacteria. This microorganism is often used as a biological indicator to evaluate sterilization processes because of its high heat resistance (López *et al.*, 1997). We also examined *B. subtilis* spores as it is most popular spore-forming bacteria among foods in neutral pH, and *B. coagulans* spores as it is pressure resistance and relatively high heat resistance at acidic pH (Palop *et al.*, 1999a). Mallidis *et al.* (1990) demonstrated that *B. coagulans* spores was able to germinate and grow at pH values as low as 4, and are the microorganisms most frequently isolated from spoiled canned vegetables acidified to pH values between 4 and 4.5.

In the present paper, we investigated the inactivation effect of combined treatment of moderate heat and low hydrostatic pressure for long time on the inactivation of *B. subtilis*, *B. coagulans* and *B. stearothermophilus* spores suspended in physiological salt solution, potage and ketchup.

## MATERIALS AND METHODS

### Bacteria

The bacteria used were *Bacillus subtilis* IFO 13722, *Bacillus coagulans* IFO 12583 and *Bacillus stearothermophilus* IFO 12550, obtained from the Institute for Fermentation, Osaka (Osaka, Japan).

### Physiological salt solution, Potage and Ketchup

Sodium chloride (Nacalai Tesque, Inc., Kyoto, Japan) was used to prepare physiological salt solution. Potage (pH 7, Nagoya Seiraku Co. Ltd., Japan) and tomato ketchup (pH 4, Kagome Co. Inc., Tokyo, Japan) were obtained from the local market and refrigerate at 4 °C until use.

### Media and culture conditions

The log-phase cultures of *B. subtilis*, *B. coagulans* and *B. stearothermophilus*

grown in nutrient broth (Eiken Chemical Co., Ltd., Tokyo, Japan) were transferred to soil-infusion agar-plates (Berry & Brandshaw, 1980), which consisted of nutrient agar (Eiken Chemical Co. Ltd.) plus a soil extract. The plates for *B. subtilis* and *B. coagulans* were incubated at 37°C, and *B. stearothermophilus* was incubated at 55°C for 10 days.

### Preparation of spore suspension

Spores were collected by flooding the surface of the culture with sterile distilled water, and then scraped the surface with a sterile microscopic glass slide. After collecting, the spores were washed three times by centrifugation at  $7000 \times g$  for 10 min in sterile distilled water, resuspended in sterile physiological salt solution, potage and ketchup to a concentration of  $10^7$ – $10^8$  CFU/ml for *B. subtilis* and  $10^6$ – $10^7$  CFU/ml for *B. coagulans* and *B. stearothermophilus*. One ml of spore suspension was added to the 9 ml of potage or ketchup to prepare the spore suspension. The spore solution was sealed in a germ-free tube (volume=1.5 ml, Greiner Labortechnik Co., Ltd., Germany) and kept at 4°C prior to heat and MHP treatments.

### Heat treatment

*Bacillus* spores in sealed tubes were heated in a water bath at 65, 75, and 85°C for 3, 6, 9 and 12 h. After heat treatment the tubes were cooled immediately in crushed ice and the spores were subjected to viable count immediately.

### MHP treatment

Spores in sealed tubes were applied to hydrostatic pressure treatment at 100 MPa for the same temperature and time as heat treatment using a prototype pressurization apparatus (Yamamoto Suiatsu Kogyosho Co., Ltd., Osaka, Japan) in a cylindrical pressure chamber (inside volume: 8 L). Schematic diagram of prototype pressurization apparatus was shown in Fig. 1. The pressurization rate was 20 MPa/min, and decompression time from 100 MPa to 0.1 MPa was less than 20 sec. Adiabatic heat generated during pressurization was about 3°C/100 MPa. The temperature variation was regulated to  $\pm 2^\circ\text{C}$  by a voltage controller (type: S-130, Yamabishi Co. Ltd., Tokyo, Japan). Treatment temperature was monitored by a digital temperature controller (type: SR-62, Shimaden Co. Ltd., Tokyo, Japan) with a thermocouple placed inside the top of pressure chamber. Deionized water was used as the pressure medium. After MHP treatment spore survivors were enumerated by the same procedure of heat treatment.

### Measurement of survivors

Survivors after pressurization and heat treatment were estimated by the viable count method using nutrient agar (Eiken Chemical Co. Ltd.). The plates for *B. subtilis* and *B. coagulans* were incubated at 37°C for 24 h and 72 h respectively, and *B. stearothermophilus* were incubated at 55°C for 48 h and then the colonies were enumerated.

### Statistical Analysis

All experiments were carried out at least in three replicates and the data were presented by the standard deviations of the averages for the number of experiments repeated.

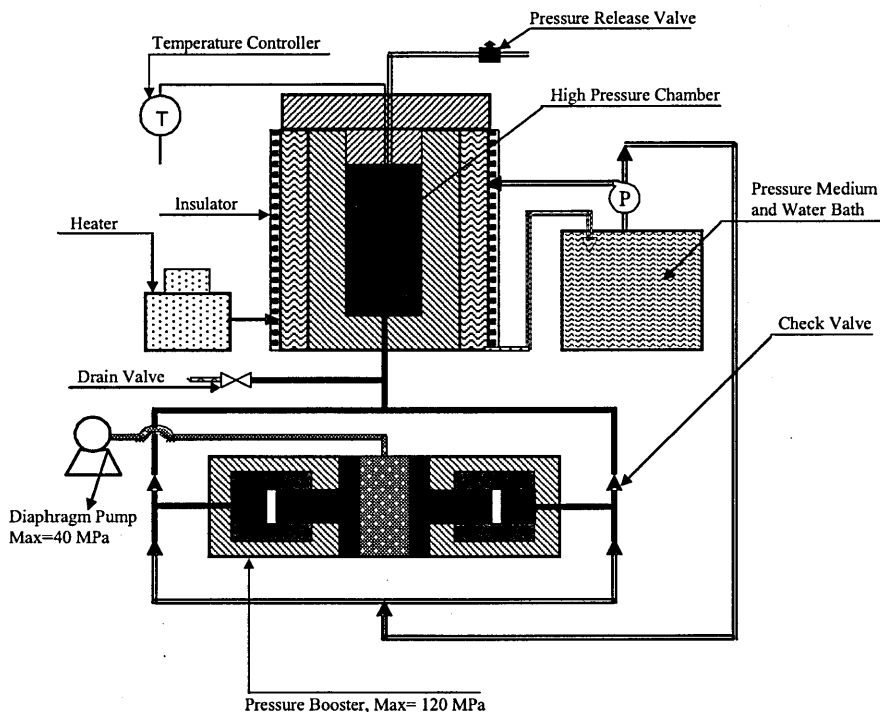
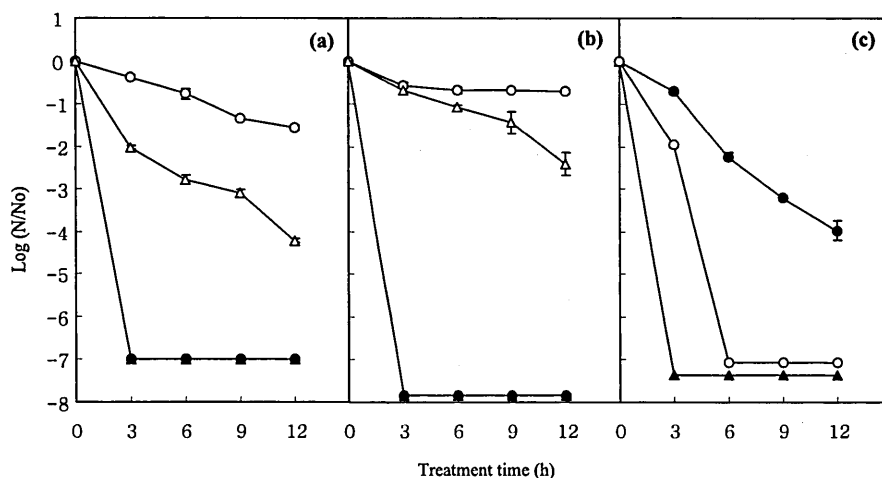


Fig. 1. Schematic diagram of prototype MHP treatment apparatus with double booster.

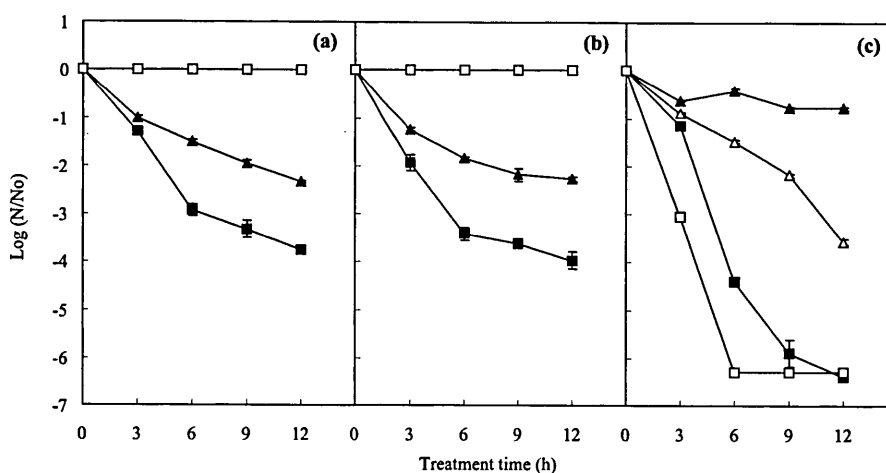
## RESULTS AND DISCUSSION

The effect of treatment temperature and time on the inactivation of *B. subtilis* spores in physiological salt solution, potage and ketchup are shown in Fig. 2. In MHP treatment, *B. subtilis* spores were completely inactivated in physiological salt solution and potage at 65°C for 3 h, whereas the spores were inactivated by only 1-log cycle in potage and 1.5-log cycles in physiological salt solution during heat treatment at 65°C for 12 h. On the other hand, MHP and heat treatments showed 4-log and 6-log reductions of the spores in ketchup at 65°C for 12 h, respectively.

The inactivation behaviors of *B. coagulans* spores in physiological salt solution and food materials are shown in Fig. 3. The number of spores was not decreased after heat treatments at 85°C for treatment time up to 12 h in both physiological salt solution and potage. Considerably a 4-log reduction was achieved in the same menstruum during MHP treatment. In ketchup, heat treatments showed a 3.5-log reduction at 75°C for 12 h, whereas MHP treatment showed only a 1-log reduction at the same temperature. There are 6.5-log reductions in heat and MHP treatment at 85°C for 12 h, although 3–9 h heat treatments are more pronounced than MHP treatment and this behavior is similar to *B. subtilis* spores.

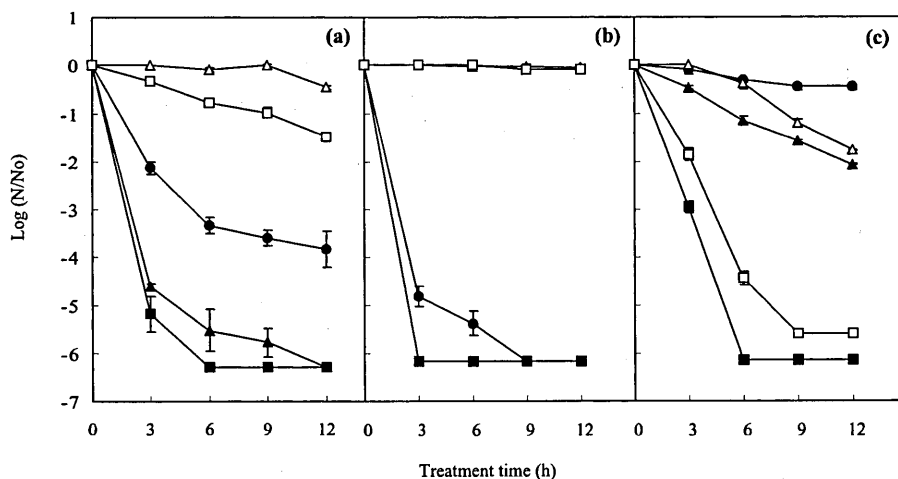


**Fig. 2.** The inactivation behaviors of *Bacillus subtilis* spores subjected to the MHP treatment (closed symbols) and heat treatment (open symbols) at 65 °C (●, ○) and 75 °C (▲, △) in (a) physiological salt solution, (b) potage (pH 7) and (c) ketchup (pH 4). N; Colony counts after the treatment (CFU/ml) and  $N_0$ ; Initial colony counts (CFU/ml).



**Fig. 3.** The inactivation behaviors of *Bacillus coagulans* spores subjected to the MHP treatment (closed symbols) and heat treatment (open symbols) at 75 °C (▲, △) and 85 °C (■, □) in (a) physiological salt solution, (b) potage (pH 7) and (c) ketchup (pH 4).

*B. stearothermophilus* spores in potage have no sterilization effect during heat treatment at 85 °C for 12 h, and in physiological salt solution only have 1.5-log reductions under the same treatment temperature and time (Fig. 4). Whereas, 6-log reductions of *B. stearothermophilus* spores have achieved in physiological salt solution and potage



**Fig. 4.** The inactivation behaviors of *Bacillus stearothermophilus* spores subjected to the MHP treatment (closed symbols) and heat treatment (open symbols) at 65°C (●, ○), 75°C (▲, △) and 85°C (■, □) in (a) physiological salt solution, (b) potage (pH 7) and (c) ketchup (pH 4).

during MHP treatment at 85°C for 6 h and 3 h, respectively. Result shows the spores are more resistant in potage than physiological salt solution during heat treatment, and in MHP treatment the spores are more sensitive in potage than physiological salt solution. The spores were sensitive in ketchup to heat and MHP treatment, that was 5.5-log reductions in heat treatment and 6-log reductions in MHP treatment at 85°C for 9–12 h (Fig. 4).

Furukawa and Hayakawa (2001) have studied the combined effect of low hydrostatic pressure and heat treatments on the inactivation of *B. stearothermophilus* spores in standard buffer solutions. Results showed that 100 MPa, 80°C, 12 h can reduce 5.5-log of spores and the results are similar to our data of potage and physiological salt solution (Fig. 4).

Microorganisms usually have their maximum heat resistance at pH values close to neutrality. Condon and Sala (1992) demonstrated that the heat resistance of *B. subtilis* spores in foods is mostly determined by the pH of food. Our data shows that *Bacillus* spores are more heat resistant in potage (pH 7) and then in physiological salt solution (pH 7) and this is the agreement with the early studies (Condon & Sala, 1992) showing that the spores are more heat resistance in a neutral pH.

Results show higher inactivation in ketchup both in heat and MHP treatment. This may be due to the fact that in high acid the minerals of spores became demineralized and change to H-spore. Some researchers demonstrated that demineralization of spores markedly reduces heat resistance of bacterial spores (Marquis *et al.*, 1981; Bender & Marquis, 1985; Palop, *et al.*, 1999b).

Wuytack *et al.*, (2000) have shown that *Bacillus* spores are germinated at 100 MPa

pressurization in the presence of nutrient germinant L-alanine. Germinant (amino acid content such as L-alanine) has an influence in germination and inactivation of potage during MHP treatment. Our results showed that all *Bacillus* spores had higher inactivation in potage during MHP treatment compared to heat treatment. This indicates that amino acid content in potage initiate germination of spores during pressurization.

Our investigation showed that *B. coagulans* spores are more resistant in physiological salt solution, potage and ketchup compared to other two strains of bacterial spores used in this experiment. Heat resistance of *B. coagulans* spores has been extensively studied in tomato. As far as we know, there are no data available in the literature regarding the behavior of *B. coagulans* spores in the MHP treatment temperature around 65–85 °C for long time, to which our results can be compared. Although Palop *et al.*, (1999a) demonstrated that the acidification of the heating menstruum leads to a decrease in heat resistance of *B. coagulans* spores, the heat resistance being also influenced by the composition of the medium and the treatment temperature. Condon and Sala (1992) showed that apart from pH, the composition of heating menstruum (buffer, tomato paste) can also influence the heat resistance of microorganisms.

In pressure treatment, pressure medium (water) compressed 4.1% of its volume during 100 MPa pressurization at 85 °C (Kell, 1983). Therefore, spore shape will be also compressed at the same volume. By the combination with moderate heating and long time pressurization, water may penetrate into the spore interior which may weaken of the spore coat. Paidhungat *et al.* (2002) showed that a pressure of 100 MPa induces spore germination by activating the germinant receptors. Thus, spore becomes rupture in MHP treatment with spore germination and long time heating inactivate the germinated spores. Therefore, the inactivation is higher in MHP treatment compared to heat treatment in the low acid food.

The economic feasibility of pressure processing requires that treatment conditions are optimized to achieve the lowest pressure and moderate heat combinations needed to sufficiently eliminate bacterial spores of concern from the foods being treated. Our results showed 100 MPa pressurization could be eliminated bacterial spores sufficiently and low pressure treatment will reduce equipment manufacturing cost and possible to make large pressurization equipment from present engineering technology.

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