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Chlamydia pneumoniae exploits adipocyte lipid chaperone FABP4 to facilitate fat mobilization and intracellular growth in murine adipocytes

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ABSTRACT

Fatty acid-binding protein 4 (FABP4), a cytosolic lipid chaperone predominantly expressed in adipocytes and macrophages, modulates lipid fluxes, trafficking, signaling, and metabolism. Recent studies have demonstrated that FABP4 regulates metabolic and inflammatory pathways, and in mouse models its inhibition can improve type 2 diabetes mellitus and atherosclerosis. However, the role of FABP4 in bacterial infection, metabolic crosstalk between host and pathogen, and bacterial pathogenesis have not been studied. As an obligate intracellular pathogen, *Chlamydia pneumoniae* needs to obtain nutrients such as ATP and lipids from host cells. Here, we show that *C. pneumoniae* successfully infects and proliferates in murine adipocytes by inducing hormone sensitive lipase (HSL)-mediated lipolysis. Chemical inhibition or genetic manipulation of HSL significantly abrogated the intracellular growth of *C. pneumoniae* in adipocytes. Liberated free fatty acids were utilized to generate ATP via β -oxidation, which *C. pneumoniae* usurped for its replication. Strikingly, chemical inhibition or genetic silencing of FABP4 significantly abrogated *C. pneumoniae* infection-induced lipolysis and mobilization of liberated FFAs, resulting in reduced bacterial growth in adipocytes. Collectively, these results demonstrate that *C. pneumoniae* exploits host FABP4 to facilitate fat mobilization and intracellular replication in adipocytes. This work uncovers a novel strategy used by intracellular pathogens for acquiring energy via hijacking of the host lipid metabolism pathway.

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1. Introduction

Adipocyte fatty acid-binding protein (FABP4, also known as aP2/A-FABP) is an intracellular lipid chaperone abundantly expressed in adipocytes and macrophages [1]. By binding with long-chain fatty acids, FABP4 can affect the uptake, transportation, esterification, and β -oxidation of fatty acids and regulate the energy balance and lipid signal transduction within cells [1,2]. Evidence suggests that

FABP4 is central to the generation of meta-inflammation, especially upon exposure to lipids, and couples lipotoxicity to organelle function and endoplasmic reticulum (ER) stress; furthermore, FABP4 inhibition improved type 2 diabetes mellitus and atherosclerosis in mouse models [3–7]. In humans, elevated circulating FABP4 levels are associated with obesity and metabolic diseases [8,9]. Thus, targeting FABP4 offers a novel therapeutic approach for the treatment of many metabolic diseases [10]. However, the roles of FABP4 in bacterial infection, metabolic crosstalk between host and pathogen have not been studied.

Chlamydia pneumoniae is an obligate intracellular pathogen that needs to obtain nutrients, such as nucleotides (ATP), amino acids, and lipids, from host cells for its replication [11,12]. To meet their bioenergetic and biosynthetic demands for replication, intracellular pathogens modulate host metabolism. However, how the pathogen

Abbreviations: ATGL, adipose triglyceride lipase; HSL, hormone sensitive lipase; MGL, monoglyceride lipase; FABP4, fatty acid binding protein 4; FFAs, free fatty acids; LD, lipid droplet; CPT-1, carnitine palmitoyltransferase 1; FAO, fatty acid oxidation; OCR, oxygen consumption rate.

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Fig. 1. *C. pneumoniae* infection induces lipolysis in murine adipocytes. 3T3-L1 pre-adipocytes (A) or 3T3-L1 adipocytes (B) were mock-infected or infected with *C. pneumoniae* (Cpn) MOI 5 for 24 h and examined for chlamydial inclusions (red), lipid droplets (green), and DNA binding (blue). Scale bar: 20 μ m. (C) The number of infectious elementary body (EB) progeny of 3T3-L1 pre-adipocytes or adipocytes at 24 h after Cpn infection was determined using an inclusion forming unit (IFU) assay. (D) Mean fluorescent intensity (MFI) of BODIPY in 3T3-L1 pre-adipocyte or adipocytes after mock or Cpn infection at 24 h. Secretion of glycerol (E) and free fatty acids (F) were measured in the cultured medium of 3T3-L1 adipocytes after mock or Cpn infection for 2–24 h. A 4-h incubation with forskolin (20 μ M) served as the positive control for lipolysis. $n = 3$ per group (C–F). * $p < 0.05$, ** $p < 0.01$ by Student *t*-test (C) or two-way ANOVA (D–F).

modulates host metabolism to meet its bioenergetic demands for growth is largely unknown. Adipose tissues may provide a niche or reservoir for intracellular pathogens like *Mycobacterium tuberculosis* [13], *Rickettsia prowazekii* [14], and *Trypanosoma cruzi* [15]. Adipocytes may provide a suitable host for obligate intracellular pathogens, which require various nutrients or energy source from host cells [16]. It has been demonstrated that *C. pneumoniae* can infect murine pre- and post-differentiated adipocytes and, through a TNF- α mediated inflammatory mechanism, can impair differentiation and insulin signaling [17]. However, how *C. pneumoniae* proliferates in adipocytes and how the abundance of lipid stores in adipocytes may favor its survival, growth, and persistence remains unexplored topics.

Herein, we demonstrate that *C. pneumoniae* successfully infects mature adipocytes and induces hormone-sensitive lipase (HSL)-mediated lipolysis. In addition, we demonstrate that liberated free fatty acids (FFAs) undergo β -oxidation and generate ATP in host adipocytes, which *C. pneumoniae* usurps for its intracellular propagation. Collectively, our data demonstrate that *C. pneumoniae* reprograms lipid metabolism by hijacking FABP4 for its own benefit and sheds new light on the etiological link between *C. pneumoniae* infection and metabolic syndrome.

2. Materials and methods

2.1. Microbes

C. pneumoniae (strain AR39, ATCC53592) and *C. muridarum* (mouse pneumonitis strain Nigg II, ATCC VR-123) were obtained from the ATCC and propagated as previously described [18].

2.2. 3T3-L1 adipocyte differentiation

3T3-L1 preadipocytes (ATCC CL-173) or stable shRNA-

knockdown (control EGFP, HSL) preadipocytes were seeded in 24-well plates and allowed to reach confluence for 2 days. On day 0, adipocyte differentiation was induced by adding 2.5 μ M dexamethasone, 0.5 mM 3-isobutyl-1-methylexanthine (IBMX), and 10 μ g/mL insulin. On day 2 and thereafter, the medium was replaced with DMEM-10% FCS containing only 10 μ g/mL insulin.

2.3. In vitro infection of adipocytes

Cultured adipocytes were infected at days 4–6 of differentiation. To initiate infection, *C. pneumoniae* or *C. muridarum* was added to plates at MOI = 5, and plates were centrifuged at 900 $\times$ g and 25 $^{\circ}$ C for 1 h. Next, the inoculum was removed, and cells were cultured in DMEM containing 10% FCS and streptomycin (100 μ g/mL). Inhibitors were added 60 min after inoculation with *C. pneumoniae* or *C. muridarum*.

2.4. IFU assay

Infected cells were collected, frozen and thawed, serially diluted 10-fold in SPG medium, and reseeded into 24-well plates containing a HeLa-cell monolayer. After centrifugation at 900 $\times$ g and 25 $^{\circ}$ C for 1 h, and cells were cultured in DMEM containing 10% FCS and 1 μ g/mL cycloheximide. After 24–48 h, cells were fixed with ice-cold methanol for 10 min and stained with a FITC-conjugated anti-*Chlamydia* LPS-specific monoclonal antibody (PROGEN).

2.5. Immunofluorescence

Chlamydia-infected preadipocytes or adipocytes were fixed with 4% paraformaldehyde, blocked and permeabilized with 1% BSA and 1% Triton X-100 in PBS for 10 min at RT and incubated with avidin/biotin blocking buffer (abcam). Next, the cells were incubated with primary antibodies against biotin conjugated anti-chlamydial LPS

Fig. 2. Chemical inhibition or gene silencing of HSL abrogates intracellular growth of *C. pneumoniae* in murine adipocytes. (A) Immunoblot analysis of p-HSL and HSL in cell lysates of 3T3-L1 adipocytes after mock or Cpn infection at 4, 6, and 24 h. (B) Chlamydial IFU of 3T3-L1 adipocytes at 24 h after Cpn infection in the presence or absence of HSL inhibitor (CAY10499, 50 μ M), ATGL inhibitor (Atglistatin, 50 μ M), or MGL inhibitor (JZL184, 1 μ M). (C) Immunoblot analysis for confirmation of HSL knockdown and (D) chlamydial IFU of 3T3-L1 adipocytes expressing shControl or shHSL after Cpn MOI 1 infection for 24 h. (E) Glycerol and (F) free fatty acids of 3T3-L1 adipocytes at 24 h after Cpn infection in the presence or absence of HSL inhibitors, ND = not detected. n = 3 per group (B, D-F) **p < 0.01, one-way ANOVA (B, E); Student t-test (D).

(GeneTex) for 1 h and Alexa Fluor 555-labeled secondary antibodies (Invitrogen), BODIPY493/503 (Invitrogen), and Hoechst 33342 (Thermo Fisher) for 30 min. Stained coverslips were mounted with Prolong Gold Antifade Mountant (Life Technologies). Images were acquired using a LSM 710 (Zeiss).

2.6. Immunoblot

Cells were washed once in ice-cold PBS, lysed in RIPA buffer with a protease inhibitor cocktail (Nacalai Tesque) and PhosSTOP phosphatase inhibitor cocktail (Roche), and then briefly sonicated. Membranes were blocked in Blocking One (Nacalai Tesque) for 30 min and incubated with primary antibody diluted in Can Get Signal solution 1 (TOYOBO) overnight at 4 °C and then with horseradish peroxidase (HRP)-conjugated secondary antibodies to rabbit/mouse IgGs (GE Healthcare) diluted in Can Get Signal solution 2 (TOYOBO) for 1 h at RT. Immunoreactive bands were detected by ECL Blotting Reagents (GE Healthcare).

2.7. Oxygen Consumption Rate (OCR) assay

The OCR was measured using the MitoXpress Xtra Oxygen Consumption Assay (Luxcel Biosciences). MitoXpress fluorescence analysis was performed using a Tecan Infinite 200 Pro microplate reader.

2.8. Statistics

Results are expressed as the mean $\pm$ SEM and are representative of at least three experiments. Data analyses were performed using the GraphPad Prism software version 6.0. All P < 0.05 were considered statistically significant.

The detail information on material and methods were provided in **Supplementary methods**.

3. Results

3.1. *C. pneumoniae* infection induces lipolysis in murine adipocytes

We observed that *C. pneumoniae* successfully infects and proliferates in differentiated 3T3-L1 mouse adipocytes. Sizes of chlamydial inclusion bodies in differentiated adipocytes were larger than those of pre-adipocytes (Fig. 1A and Fig. 1B). The number of infectious progeny in adipocytes, judged by an inclusion forming unit (IFU) assay, was higher than that of pre-adipocytes (Fig. 1C). Strikingly, after *C. pneumoniae* infection, the chlamydial inclusion body developed with a simultaneous reduction in the number of lipid droplets in adipocytes (Fig. 1B). Flow cytometry using the fluorescent probe BODIPY to detect neutral lipids confirmed that *C. pneumoniae* infection in adipocytes induced a significant reduction in the BODIPY signal (Fig. 1D). Notably, we observed that *C. pneumoniae* infection induced a significant increase in glycerol and fatty acid release from adipocytes, indicating that *C. pneumoniae* infection induces lipolysis in murine adipocytes (Fig. 1E and F).

3.2. Chemical inhibition or genetic manipulation of HSL abrogates *C. pneumoniae* infection-induced lipolysis and intracellular growth of bacteria in adipocytes

Next, we examined the mechanism underlying *C. pneumoniae* infection-induced lipolysis in adipocytes. Hormone sensitive lipase (HSL) and adipose triglyceride lipase (ATGL) are cardinal lipases in adipocytes. It is well known that after lipolytic stimulation, HSL is

Fig. 3. Liberated free fatty acids are utilized to generate ATP via β -oxidation, which *C. pneumoniae* usurps for its replication. (A, D) Chlamydial IFU of 3T3-L1 adipocytes at 24 h after Cpn infection in the presence or absence of (A) Etomoxir (20 μ M) and (D) increasing doses of Trimetazidine. (B) Immunoblot analysis for confirmation of CPT1A knockdown. (C) Chlamydial IFU of 3T3-L1 adipocytes expressing siCPT1A or siControl at 24 h after Cpn infection MOI 5. (E) An oxygen consumption rate (OCR) assay of 3T3-L1 adipocytes at 24 h after Cpn infection in the presence or absence of Etomoxir (20 μ M). $n = 3$ per group (A, C–E) * $p < 0.05$, ** $p < 0.01$, Student t -test (A); one-way ANOVA (C, D); two-way ANOVA (E).

phosphorylated and translocated to lipid droplet surfaces via the cAMP-PKA-HSL signaling pathway [19]. We observed HSL activation in *C. pneumoniae*-infected adipocytes by Western blot analyses (Fig. 2A). An IFU assay revealed that chemical inhibition of HSL by CAY10499 severely reduced the growth of *C. pneumoniae* in adipocytes (Fig. 2B). The importance of HSL-mediated lipolysis in intracellular growth of *C. pneumoniae* in adipocytes was confirmed by data acquired using 3T3-L1 cells expressing shRNA against an mRNA *Lipe* encoding HSL (Fig. 2C and D). Thus, these results clearly demonstrate a crucial role of HSL in *C. pneumoniae* infection-induced lipolysis and bacterial growth in murine adipocytes.

In accordance with this, we also found that chemical inhibition of HSL (CAY10499), greatly abrogated infection-induced glycerol release (Fig. 2E). Notably, there was an obvious dissociation between glycerol release and free fatty acids (FFAs) release in *C. pneumoniae* infection-induced lipolysis (Fig. 2E and F), suggesting that liberated FFAs are utilized intracellularly with reduced secretion, whereas liberated glycerol is secreted without recycling.

3.3. Liberated FFAs are used to generate ATP via β -oxidation, which *C. pneumoniae* usurps for its replication

Next, we determined how *C. pneumoniae* utilizes liberated FFAs for its growth and survival. *Chlamydia* is an ATP auxotroph, and decreasing the host's ATP pool can alter pathogen growth. *Chlamydiae* and *Rickettsiae* have evolved a remarkable adaptation that

enables them to utilize ATP generated by their eukaryotic hosts using specific carrier proteins known as ATP translocases [20–22]. We speculated that liberated FFAs are utilized to generate ATP via fatty acid oxidation (FAO), which serves as an important energy source for *C. pneumoniae*. Therefore, we examined the effect of Etomoxir, a chemical inhibitor of carnitine palmitoyltransferase 1 (CPT-1) that is required for transport of FFAs into mitochondria, the site of β -oxidation [23]. We found that Etomoxir significantly decreased the intracellular growth of *C. pneumoniae* in adipocytes (Fig. 3A). The role of CPT-1 on bacterial growth was confirmed by gene silencing of CPT-1A (Fig. 3B) and siCPT-1A treated adipocytes showed decreased intracellular growth of *C. pneumoniae* (Fig. 3C). Furthermore, treatment with trimetazidine [24], a competitive inhibitor of 3-ketoacyl coenzyme A thiolase, a key enzyme in β -oxidation, greatly diminished the intracellular growth of *C. pneumoniae* (Fig. 3D). In accordance with these findings, the oxygen consumption rate (OCR) was upregulated in *C. pneumoniae*-infected adipocytes (24 hpi) when compared with mock-infected adipocytes (Fig. 3E). This increase in OCR was attenuated by Etomoxir (Fig. 3E). Taken together, these results strongly indicate that liberated FFAs are utilized to generate ATP via FAO, which *C. pneumoniae* usurps for its replication.

In sharp contrast to *C. pneumoniae*, CPT-1 did not play a role in the bacterial growth of *C. muridarum* in adipocytes. Chemical inhibition (Etomoxir), gene silencing of CPT-1A, or trimetazidine (FAO inhibitor) did not affect the growth of *C. muridarum*

Fig. 4. Chemical inhibition or gene silencing of FABP4 abrogates *C. pneumoniae* infection-induced lipolysis and bacterial growth in adipocytes. (A) *Fabp4* mRNA levels in 3T3-L1 adipocytes after mock or Cpn infection at 4 and 24 h, as determined by real-time PCR. (B) Chlamydial IFU of 3T3-L1 adipocytes at 24 h after Cpn MOI 5 infection in the presence or absence of increasing doses of BMS309403. (C–D) Chlamydial IFU of 3T3-L1 adipocyte expressing siFABP4-1 or siFABP4-2 or siControl at 24 h after Cpn infection MOI 5. 3T3-L1 adipocytes were infected with Cpn MOI 5 for 24 h. Immunoblot analysis for confirmation of FABP4 knockdown. (E) OCR assay of 3T3-L1 adipocytes at 24 h after Cpn infection in the presence or absence of BMS309403 (50 μM). (F) Glycerol levels of 3T3-L1 adipocytes at 24 h after Cpn MOI 5 infection in the presence or absence of increasing doses of BMS309403. (G) Immunoblot analysis of p-HSL and HSL in cell lysates of 3T3-L1 adipocytes at 24 h after Cpn infection in the presence or absence of BMS309403 (50 μM). n = 3 per group (A–F) *p < 0.05, **p < 0.01, two-way ANOVA (A); one-way ANOVA (B, F); Student t-test (C, D); multiple t tests (E).

(Supplementary Fig. 1A–C). In fact, the OCR was not elevated in *C. muridarum*-infected adipocytes when compared with mock-infected cells (Supplementary Fig. 1D). Taken together, these results suggest that *C. pneumoniae* uniquely hijacks host lipid metabolism to obtain ATP provided by FAO of FFAs.

3.4. Chemical inhibition or genetic silencing of FABP4 abrogates *C. pneumoniae* infection-induced lipolysis and bacterial growth in adipocytes

By binding with long-chain fatty acids, FABP4 can affect transportation and β -oxidation of fatty acids. Therefore we examined the possible role of FABP4 in *C. pneumoniae* infection-induced lipolysis and subsequent FAO, which *C. pneumoniae* usurps for its replication. We found that *FABP4* mRNA expression was significantly increased upon infection with *C. pneumoniae* when compared with the mock infection in adipocytes (Fig. 4A). Notably, chemical inhibition of FABP4 by BMS 309403 [5] (Fig. 4B) or gene silencing (small interfering RNA) of FABP4 significantly decreased the intracellular replication of *C. pneumoniae* in adipocytes (Fig. 4C and D). The *C. pneumoniae* infection-induced increase in OCR was attenuated by FABP4 inhibitor (BMS309403) (Fig. 4E). Furthermore, chemical inhibition of FABP4 (BMS309403) attenuated *C. pneumoniae* infection-induced lipolysis (Fig. 4F). This effect was associated with a decrease in phosphorylated HSL, activated form of HSL (Fig. 4G). These findings indicate that FABP4 is functionally

linked with HSL-mediated lipolysis in *C. pneumoniae*-infected adipocytes, which is in line with previous reports showing that basal and stimulated levels of lipolysis are significantly decreased in adipocytes from *FABP4*^{-/-} mice [25]. In addition, FABP4 was shown to interact with HSL and facilitate lipolysis and fatty acid transfer [26,27]. These results indicate that FABP4 may play important roles both in lipolysis and intracellular transportation of liberated FFAs in *C. pneumoniae*-infected adipocytes. Furthermore, it was found that chemical inhibition or genetic silencing of FABP4 did not affect the intracellular growth of *C. muridarum* (Supplementary Figs. 1E and F). Taken together our results indicate that *C. pneumoniae* uniquely exploits FABP4 to reprogram host lipid metabolism for its own benefit, resulting in bacterial growth in adipocytes.

4. Discussion

In the present study, we demonstrated that *C. pneumoniae* successfully infects mature adipocytes and exploits host lipid droplet for its replication. Chemical inhibition and genetic manipulation of HSL or FABP4 reduced the intracellular replication of *C. pneumoniae* in adipocytes. Mechanistically, liberated FFAs were utilized to generate ATP via β -oxidation, which *C. pneumoniae* usurped for its replication. Chemical inhibitor and gene silencing of FABP4 revealed the importance of FABP4 in HSL-mediated lipolysis and transportation of FFAs to mitochondria. Thus, *C. pneumoniae* exploits host FABP4 to facilitate fat mobilization and intracellular

replication in adipocytes. We believe this is a novel finding which highlights the previously unrecognized mechanism of the acquisition of ATP by *C. pneumoniae* from host cells.

Several pathogens, such as *Mycobacterium tuberculosis* [13], *Rickettsia prowazekii* [14] and *Trypanosoma cruzi* [15], have been shown to target adipose tissues and reside in adipocytes. Our study supports the emerging concept that adipose tissue and adipocytes may be providing a niche or reservoir for intracellular pathogens [16]. We speculate that adipocytes offer a constant intracellular source of nutrients, particularly fatty acids, which can be mobilized from lipid droplets through recruitment of lipases, such as HSL, ATGL, and MGL. In this study, we confirmed the previous pioneering study of infectivity of *C. pneumoniae* in adipocytes [17] and extended their findings and clarified the mechanistic pathway of how *C. pneumoniae* reprograms host lipid metabolism and facilitates fat mobilization for its own benefit.

Notably, we found that FABP4 plays critical roles both in HSL activation and intracellular mobilization of liberated FFAs to mitochondria for FAO. We found that treatment with a FABP4 inhibitor decreased *C. pneumoniae* infection-induced induction of p-HSL (Fig. 4G), FAO (Fig. 4E), thus resulting in inhibition of *C. pneumoniae* growth in adipocytes (Fig. 4B–D). As an obligate intracellular pathogen, *C. pneumoniae* needs to obtain nutrients, such as nucleotides (ATP), amino acids, and lipids, from host cells for its replication. Our present findings demonstrate a previously unrecognized mechanism of the acquisition of ATP by *C. pneumoniae* from its host, i.e., hijacking FABP4 and promoting the liberation of FFAs to generate ATP via the β -oxidation pathway.

Recently, it was discovered that FABP4 is actively secreted from adipocytes in response to fasting and signals that induce lipolysis such as β -adrenergic receptor stimulation [28,29] and acts on the liver to stimulate glucose production [30]. In this study we demonstrated that *C. pneumoniae* infection induces the drastic lipolysis in adipocytes. Considering the important pathogenic role of secreted FABP4 in obesity-induced type 2 diabetes and atherosclerosis [5], *C. pneumoniae* infection-induced FABP4 secretion, if occurs, may have an important *in vivo* relevance. Therefore, our current results warrant the examination of the hypothesis that FABP4 released from *C. pneumoniae*-infected adipocytes may play a role in *C. pneumoniae*-induced metabolic pathologies. Further study is required to address this possibility and its significance.

In summary, the present study demonstrates that *C. pneumoniae* infects adipocytes and proliferates by inducing lipolysis and unveils a new mechanism of host lipid metabolism modulation and metabolic pathology caused by *C. pneumoniae* infection. The present study provides a better understanding of the host-*C. pneumoniae* interaction and identifies the metabolic dependence of intracellular *C. pneumoniae* as a therapeutic target to restrict the growth and persistence of *C. pneumoniae*-related metabolic disorders.

Conflicts of interest

The authors declare no conflicts of interest associated with this manuscript entitled “*Chlamydia pneumoniae* exploits adipocyte lipid chaperone FABP4 to facilitate fat mobilization and intracellular growth in murine adipocytes”.

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Appendix A. Supplementary data

Supplementary data related to this article can be found at <https://doi.org/10.1016/j.bbrc.2017.11.005>.

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