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EM ALGORITHM IN TOMOGRAPHY: A REVIEW AND A BIBLIOGRAPHY

 $\mathbf{B}\mathbf{y}$

T. KRISHNAN*

Abstract

In many medical imaging problems such as Positron Emission Tomography (PET), Single Photon Emission Computed Tomography (SPECT) and Transmission Computed Tomography, a lot of projection data for different observation aspects on an object are obtained, allowing reconstruction of the three-dimensional structure of the object from its one and two-dimensional projections. This is basically a problem of analysing incomplete data. Conventional methods such as filtered backprojection (FBP) and Fourier-based methods are deterministic and ignore the statistical elements of the data. Maximum likelihood methods based on suitable statistical models have been found to be satisfactory alternatives to these deterministic methods. The Expectation-Maximisation (EM) algorithm synthesised and presented in a generic form by Dempster, Laird and Rubin in 1977, is an effective iterative method of computing maximum likelihood estimates in a variety of situations, especially in incomplete data problems, where Newton-Raphson types of algorithms are far too cumbersome. In this paper, we review applications of the EM algorithm in tomography and present a bibliography of EM algorithm in tomography.

Key Words and Phrases: Positron Emission Tomography (PET), Single Photon Emission Computed Tomography (SPECT), Transmission Computed Tomography, Time-of-Flight PET, X-Ray Computed Tomography, Maximum likelihood estimation, Incomplete data problems, Spatial Poisson process, Gibbs distribution, Smoothed EM, Maximum a posteriori (MAP) estimate

1. Introduction

In the last decade or two, there have been exciting developments in computerised tomography towards achieving the goal of identifying abnormal biological activities in connection with given pathologies, directly and as early as possible in the afflicted organisms. Increasing availability of powerful computing facilities and developments in computing techniques such as parallel computing, together with applications of statistical modelling and statistical methods have resulted in availability of imaging techniques fast enough for routine clinical use. A key statistical tool used in these medical image

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reconstruction processes is maximum likelihood estimation or maximum likelihood reconstruction techniques. The EM algorithm which is a generic device to compute maximum likelihood estimates in certain contexts considered to be "incomplete problems" plays a central role in some of these maximum likelihood reconstruction methods. The EM algorithm itself needed several modifications and improvements to be able to be satisfactorily applied to these problems. In this article, we review these applications of the EM algorithm. A recent paper by Kay [29] reviews statistical models used in some medical imaging techniques. We also present a bibliography of EM and related techniques in medical imaging. However, not all items listed in the bibliography have been cited in the text. References for this article which do not involve EM algorithm in medical imaging are presented in a separate list.

2. Medical Imaging Techniques

Different imaging techniques such as Transmission Computed Tomography, Emission Computed Tomography (Positron and Single Photon), Nuclear Magnetic Resonance (imaging or in vivo spectroscopy), Digital Subtraction Radiography, Ultrasound and Heavy Ion Radiography are intended to measure different parameters and consequently have different applications. For details, one may see, for instance Brownell, Budinger, Lauterbur and McGeer [85]. It is to be emphasised that it is the parameter measured rather than the image resolution or display quality that is important in a particular disease condition. When it comes to tomographic methods, there are important differences between X-ray transmission tomography and emission tomography, both physical and biological. In transmission tomography, an active experiment is assumed and the object under study is subjected to a predetermined probe radiation. The result of interaction of this probe wave with inhomogeneities of the medium is registered. In emission tomography the object itself is a source of some radiation or some probe radiation sources are introduced into it as in Positron Emission Tomography of the human body. In X-ray transmission tomography, the distribution of tissue densities or attenuation coefficients is sought. In emission tomography, the source and intensity of the gamma radiation emitted by the isotope is sought; effect of attenuation is to be compensated. ET describes regional function and X-ray CT regional structure or anatomy.

Positron Emission Tomography (PET) and Single Photon Emission Computerised Tomography (SPECT) have different underlying physical processes and manners of data collection. In both, a radiopharmaceutical is introduced into the organ. In PET, the resulting radioactive emissions are recorded. In SPECT, the concentration of isotope as a function of the position in patient's body is estimated.

3. Deterministic and Statistical Methods

In both transmission (TT) and emission (ET) methods of tomography, a lot of projection data for different observation aspects are obtained, allowing the reconstruction of three-dimensional structure of an object from its one and two-dimensional projections. Special scanning schemes for transmitters and receivers with respect to the object in TT

and for the object and receivers in ET are used. The geometry of scanning, that is, configuration of the synthesised reception equipment, largely determines quality of image reconstruction, especially in incomplete data situations. The mathematical technique for such a reconstruction is based on inverted-Radon-transform-like methods. A common technique in this context is Filtered Back Projection (FBP), in which the sample projections are first filtered and the image obtained by a discretisation of the continuous FBP method ([87], [88]).

These deterministic methods, although fast and inexpensive as they operate linearly on the data, ignore the stochastic elements of the data and have been found to be not so satisfactory and have well documented deficiencies. They yield fairly accurate reconstructions in situations of high radiation dosage where the photon counts are high and the stochastic nature of the data can be ignored. In scanning protocols where the photon flux is reduced due to either reduced radiation dosage or high level of attenuation, the stochastic nature of the data can no longer be ignored and give rise to severe artifacts in images if conventional methods are used. Thus a statistical approach with ML reconstruction is expected to provide high quality reconstructed images in situations of low photon counts. Chornoboy, Chen, Miller, Miller and Snyder [12] provide examples of EM reconstructed SPECT images which are superior to those produced by deterministic techniques such as Convolution Backprojection (CBP) method.

Attempts to overcome these deficiencies have resulted in more careful statistical modelling of projection data and development of more efficient estimation and reconstruction methods. For PET and SPECT, maximum likelihood (ML) reconstruction was found to provide greater noise suppression, greater edge resolution and less variability in replicates and hence more efficient estimation. They have also resulted in the possibility of using reduced radioactive dosage levels in emission tomography. SPECT systems being less expensive are in routine use more than the more expensive PET scanners.

ML methods based on suitable statistical models have been found to be satisfactory alternatives to these deterministic methods. In medical imaging problems such as Positron Emission Tomography (PET), Single Photon Emission Computed Tomography (SPECT) and Transmission Computed Tomography, maximum likelihood estimates of pixel concentrations or linear attenuation parameters have to be computed. This is difficult because of the large number of parameters involved. Shepp and Vardi [68] used the EM algorithm to solve this maximum likelihood estimation problem.

Since then many variations to the statistical models used and to the EM algorithm for this problem have been developed in order to speed up the computation and to improve the final image obtained.

4. EM Algorithm

We now give a quick introduction to the EM algorithm. The EM algorithm (E for Expectation and M for Maximisation), formally stated and studied by Dempster, Laird and Rubin [86], is an elegant and efficient method for maximum likelihood estimation in "incomplete problems". The EM algorithm is effective when for the given problem,

there is an associated complete problem, for which the maximum likelihood estimation procedure is simpler. Given such a problem, the EM algorithm exploits the simplicity of the complete-problem likelihood to iteratively compute the maximum likelihood estimates for the original incomplete problem. In each iteration of the procedure, there are two steps, viz., the E or the Expectation Step and the M or the Maximisation Step. The Expectation step "completes" the data set using the current parameter values and the observed data; and the Maximisation step computes the maximum likelihood estimates from such completed data and thus produces the parameter estimates for the next cycle. These cycles are repeated until convergence. This method requires less analytical and computational effort than other competing Newton-Raphson-like methods and in many cases easier to implement on a computer than competing methods.

More precisely, let ϕ be a vector parameter; let Y be the observed (incomplete) data vector; let X be the complete-data vector and let Y be a function h(X) of X. Let X have density $f(x;\phi)$ and let Y have density $g(y;\phi)$. g can be obtained from f by integration. The E-step then consists in finding the conditional expectation $E(\ln f(X;\phi)|Y,\phi^{(i)})$, where $\phi^{(i)}$ is the i^{th} iteration estimate of ϕ . In the M-step, this conditional expectation is maximised with respect to ϕ . Under fairly general conditions, this algorithm converges and gives maximum likelihood estimates. The speed of convergence and the simplicity of the computations depend on the complete problem, the relationship between the complete and the incomplete problems and how incomplete the incomplete data set is, relative to the complete data set.

Unlike the scoring method, the EM algorithm however, does not naturally yield the covariance matrix of the estimator. There are methods developed subsequent to Dempster, Laid and Rubin [86] to compute the covariance matrix of the estimators in an integrated fashion from the EM computations.

5. Statistical Models and Methods in Tomography

5.1. Positron Emission Tomography

The EM algorithm comes in useful in ML estimation of parameters in a computerised image reconstruction process such as *Positron Emission Tomography* (PET). We give here a very brief and cursory introduction to PET, formulate the statistical model that it gives rise to, and explain how the problem of ML estimation of parameters is solved in the PET model using the EM algorithm.

The main aim of PET is to estimate the spatial distribution of positron emission intensities along a selected plane of a human organ such as the brain. For this, a chemical compound with the desired biological activity is labelled with a radioisotope that decays by emitting a positron. The emitted positron almost immediately combines with an electron and the two are mutually annihilated with emission of two gamma rays. The gamma rays fly off in nearly opposite directions, penetrate the surrounding tissues and are recorded outside the subject by an array of detectors. A mathematical algorithm applied by the computer rapidly reconstructs the spatial distribution of radioactivity for the selected plane on a cathode ray screen. Images are recorded at intervals after

administration of the chemical compound and can be colour coded to show differences in activity levels from point to point. With suitable interpretations, these images can provide a noninvasive regional assessment of many biochemical processes essential to the organ.

The image forming process has three steps—detection of gamma rays in the positronannihilation process; identification of direction of travel of radiation; and reconstruction of the distribution of radiation into an accurate geometric image.

Since gamma rays fly off in pairs in nearly opposite directions with a random orientation, a large number, say 1000, of pairs of detectors are placed at 180° around the organ. An emission is reported only if both elements of a pair of detectors sense high-energy protons coincidentally in straight lines. Emissions outside the defined volume are not detected.

In an elegant formulation of the problem, Shepp and Vardi [68], Vardi, Shepp and Kaufman [80] and Lange and Carson [36], model the emissions that occur as a spatial Poisson process in the three-dimensional region concerned with an unknown intensity function. This region is then discretised into pixels and the emission densities λ_j in the $j=1,2,\ldots,J$ pixels are the parameters. The observations are the counts n_i^* , $i=1,2,\ldots,I$ in the I detector tubes. Denoting by a_{ij} the conditional probability that emissions from pixel j are detected in tube i, we see that $\sum_i a_{ij} = 1$ and that

expected value of n_i^* is $\sum_j a_{ij}\lambda_j$. The values of a_{ij} are known from the geometry of the detector tubes.

Many iterative schemes have been suggested for the solution of the likelihood equation given rise to by this model. Of these, the EM algorithm is one of the most appealing ones. We indicate it here. Consider as the complete problem, the problem of ML estimation of λ_j with the data

$$n^{**} = \{n_{ij} : i = 1, 2, \dots, I; j = 1, 2, \dots, J.\},\$$

where $n_{i,j}$ denotes the number of emissions from pixel j recorded in tube i. The n^{**} is now a spatial Poisson point process; the n_{ij} are independent Poisson variables with expectations $n_j a_{ij}$. Then it is easy to derive the EM algorithm as the repeated application of

$$\lambda_{j}^{(t+1)} = \lambda_{j}^{(t)} \sum_{i=1}^{I} \frac{n_{i}^{*} a_{ij}}{\sum_{r=1}^{J} \lambda_{r}^{(t)} a_{ir}}.$$

Thus the EM algorithm in this case is a repeated application of this M-step in calculating new λ_j 's from the previous cycle λ_j 's. There are some difficulties about the convergence of the algorithm and the uniqueness of the MLE for this problem. Indeed, if the number of detector tubes I is less than the number of pixels J, the solution will not be unique. Some of these problems are discussed in Green [21] and in Shepp and Vandebei [67].

An algorithm called the Image Space Reconstruction Algorithm (ISRA) is proposed by Daube-Whitherspoon and Muellehner [14] as an alternative to the EM algorithm.

They point out certain computational advantages of ISRA over the EM algorithm. Titterington [78] shows that this ISRA is a least squares algorithm and that it does not produce estimates of emission densities as good as the EM algorithm in terms of precision. Ollinger [56] proposes a modification of the Convolution Backprojection (CBP) method by incorporating estimation of missing projections. He calls it Iterative Reconstruction-Reprojection (IRR) method. He shows that this method is an instance of the EM algorithm and further that the standard consistency condition for images needed for the standard deterministic methods can be relaxed to only need the means of the observed data to be consistent and not the data themselves. Thus the algorithm can be used on noisy data such as those encountered in ECT.

5.2. Single Photon Emission Computed Tomography (SPECT)

In SPECT, detectors are arranged in a linear array at equally spaced lateral sampling intervals and the detector array can be positioned at any orientation θ relative to horizontal axis. A rotatable detector D, consisting of collimators collects data at each of N_{θ} fixed angular positions. Photons that reach the camera surface and are detected generate a measurement point process N_m over the product space $D \times \Theta$ where $\Theta = \{\theta_1, \theta_2, \dots, \theta_{N_{\theta}}\}$ is the set of N_{θ} discrete angular camera positions. The aim of the imaging problem is to estimate the tracer concentration given N_m over $D \times \Theta$.

The N_m are modelled as independent Poisson variables, with expectation expressed in terms of the attenuated Radon transform averaged over the width of the sampling interval for the detector and its possible orientations, that is, N_{mi} is a Poisson process with intensity

$$\mu_{mi} = \mu_{mi}(\mu, heta) = rac{1}{2\pi} \int_{\ell_{m{a}}^{\perp}(u)} \lambda(x) dx,$$

where $\ell_{\theta}^{\perp}(u)$ is the line perpendicular to the detector surface that intersects at point u, $\lambda(x)$ is the intensity of radioactive decay and is assumed to be proportional to tracer concentration and that single photon emissions are released in an isotropic manner. The constant $\frac{1}{2\pi}$ shows that only photons directed toward the detector are recorded. EM algorithm for this problem is developed in Miller, Snyder and Miller [53]. Geman and McClure [17] and Green [21] discuss modelling issues, modifications of the EM algorithm and the practicalities involved in SPECT exercises.

5.3. Time-of-Flight Positron Emission Tomography (TOFPET)

Time of flight data represent the difference between the times at which two photons created by positron annihilation and propogating in very nearly opposite directions, arrive at opposing detectors. This time difference can be used to estimate the location at which an annihilation occurred along a line connecting the positions of the two detected photons.

This gives rise to a model similar to that of PET. However, the weights c(x,d) are more complicated owing to the need to model attenuation. A modification of the EM algorithm for this problem is carried out in Snyder and Politte [73]. In Chen and

Metz [9], [10], comparisons of TOFPET algorithms are made and the EM algorithm simplified.

5.4. X-Ray Computed Tomography

The primary goal in transmission CT is to reconstruct a two-dimensionale representation of the linear attenuation coefficients μ_i through a cross-section of an object. A set of tubes indexed by j is used whereby N_{0j} photons are injected as a beam into the tube and N_{Lj} photons exit the tube. The remaining photons are absorbed in the attenuation medium of the object, with the N_{Lj} photons being recorded by the detectors of the tomographic scanner. We assume that:

- 1. the N_{0j} photons constitute a monochromatic X-ray beam;
- 2. a detector registers a photon only if has left the source in the direction of the detector and has reached the detector without having been absorbed or scattered, so the effects of scatter are ignored;
- 3. all nonattenuated photons are detected.

Regions are divided into pixels. Pixels are viewed as point samples of a continuum. Each tube is subdivided into L regions of equal length Δ , sufficiently small so that attenuation coefficients can be considered constant. Number of photons that exit region m of tube j is denoted by N_{mj} .

The ML problem is that estimating the vector quantity

$$\mu = (\mu_1, \mu_2, \ldots)^T$$

from projection data

$$N_L = (N_{L1}, N_{L2}, \ldots, \ldots)^T.$$

We assume that the number of photons injected into each tube is Poisson. The set of injected photons is denoted

$$N_0 = (N_{01}, N_{02}, \ldots, \ldots)^T.$$

We assume mean of N_{0j} to be known. The conditional distribution $N_{Lj}|N_{oj}$ is modelled as binomial on N_{oj} and

$$p_j = e^{-\Delta \sum_{m=1}^L \mu'_{mj}},$$

where μ'_{mj} is the attenuation coefficient of region m of tube j.

An application of the steps of the EM algorithm in this case leads in the M-step the following likelihood equations. Here M_{ij} , N_{ij} denote the expected number of photons entering and leaving pixel j, respectively for projection i. J_k denotes the set of

projections to which pixel k contributes, ℓ_{ik} denotes the length of projection line i that intersects pixel k.

$$0 = \sum_{i \in J_k} -N_{ik} \ell_{ik} + \sum_{i \in J_k} (M_{ik} - N_{ik}) \frac{\ell_{ik} e^{-\ell_{ik} \mu_k}}{1 - e^{-\ell_{ik} \mu_k}}$$
$$= \sum_{i \in J_k} -N_{ik} \ell_{ik} + \sum_{i \in J_k} (M_{ik} - N_{ik}) \frac{\ell_{ik}}{e^{-\ell_{ik} \mu_k} - 1}.$$

This is a transcendental equation. Lange and Carson [36] discuss a method of solving this equation, by means of simplifying approximations. Browne and Holmes [4] discuss a modification in the EM algorithm by suggesting two complete data sets. We do not go into the details here.

In a different modelling approach to this problem Lei and Sewchand [37], [38] model Z the number of photons counted by the detector (without having been absorbed or scattered) as a Gaussian distribution (as an approximation to the Poisson distribution) truncated to a finite interval (0, w), w depending on the physical settings and conditions of the X-ray production system. They make further assumptions of independence of pixel images if their spatial separation is greater than a certain value and that a group of pixel images to be a spatial stationary random process and ergodic in mean and autocorrelation, if sampled from the same region with the same sampling step. Then they argue that $\mathrm{IMG}(J,K)$ denoting an observed image which has J pixels and K regions are such that IMG in the same K are identical Gaussian and the K image regions compose a Gaussian random field. They develop image reconstruction techniques by EM and CM (Classification–Maximisation) algorithms.

6. Problems with EM and their solutions

	Problem with EM	Solution
1.	towards convergence solu-	stop before deterioration or stop after a
	tion gets noisier and even-	certain number of steps; hypothesis testing
	tually gets noisier than data	approach
2.	ill-posed inverse problem;	Bayesian techniques; stopping as in (1)
	needs to be regularised	above is an entropic form of regularization
3.	ML reconstruction can suf-	method of sieves (a form of regularisation)
	fer from noise and edge	for noise; for edge artifacts, use a coarser
	artifacts	resolution in body space obtained by recon-
		structing a smoother version of the isotope
		concentration function
4.	EM slower to converge than	can be implemented to produce restoration
	conventional methods	quickly by parallel processors
5.	ML has low bias and large	regularisation techniques to stabilise solu-
	noise	tion; introduce bias and decrease variation

In a series of papers [81], [46], [47], [54], the possibility of obtaining visually excellent images by stopping the MLE algorithm using stopping rules based on testing hypotheses is examined.

In some problems, the M-step of the EM algorithm involves solution to transcendental equations. In some problems the EM algorithm is slow to converge, needs large computation time and has non-uniform correction efficiency. Various speeding-up techniques have been proposed. Kaufman [27] suggests a a method which exploits the symmetry of the physical system. Ranganath, Dhawan and Mullani [64] suggest the use of a multigrid system to overcome the speed and non-uniform correction efficiency problems. Tanaka [75] suggests a high frequency enhanced filtered iterative reconstruction method. Lange, Bahn and Little [35] suggest a modified version of the EM algorithm in which each iteration is used to define a direction along which a one-dimensional search for the maximum of the likelihood is made to obtain a new estimate. They call this the EMS algorithm. They also suggest a class of rescaled gradient algorithms. Lewitt and Muehllehner [40] suggest a simpler version of this EMS algorithm, in which the updated image, calculated using the standard EM algorithm, is multiplied in each iteration by an overrelaxation parameter. Rajeevan, Rajagopal and Krishna [63] introduce a class of fast cyclic iterative algorithms suitable for computing MLE of emission densities in ECT. Each iteration in these algorithms involves a few iterations of a standard gradient-based algorithm. The sequence of image estimates thus generated is vector-extrapolated to yield a new image estimate. They present various strategies for vector-extrapolation.

In a Bayesian formulation of the problem Lange, Bahn and Little [35] use a gamma prior pixel by pixel (independently) and estimate parameters by maximum a posteriori probability (MAP), both for transmission and emission tomography. This has the potential for improved images, convergence in fewer iterations, penalisation of the parameters to their lower bounds, converting an underdetermined problem into an overdetermined problem.

In certain problems, correction efficiency of the EM algorithm is nonuniform over the image. Modifications of the EM algorithm such as Smoothed EM, EM-CM, Generalised EM for Bayesian estimation and EM for Maximum a posteriori (MAP) estimation are available.

7. Bayesian Formulation

This formulation is due to Besag [2] and Geman and Geman [18]. Let p(x) denote the isotope concentration distribution. We take p(x) to have the form

$$p(x) = \exp(-U(x, \beta))$$

the Gibbs distribution. The function U is the energy function associated with the Gibbs distribution.

$$U(x,\beta) = \sum_{c \in C} V_c(x,\beta).$$

Here β are the parameters of the prior distribution, C denotes a set of cliques and c a particular clique. A most commonly used prior consists of second-order neighbourhoods

and pairwise interactions between all pairs of neighbouring pixels with an energy function of the form:

$$U(x,\beta) = \beta \sum_{s \sim r} w_{sr} \phi((x_s - x_r)/\delta)$$

where $s \sim r$ means pixels s and r are neighbours, w_{sr} denoting weights reflecting closeness of neighbours (1 if horizontal or vertical, $\frac{1}{\sqrt{2}}$ if diagonal, etc., δ is a scale parameter). Both β, δ are assumed known. Usually the posterior distribution also has a Gibbs distribution with energy function

$$\ell(x,y) - \beta V(x)$$

 ℓ being the loglikelihood and y the observations. This approach can also be considered to be a penalised likelihood approach. Hebert and Leahy [23] develop a GEM algorithm for MAP reconstruction with priors in the form of locally correlated Markov Random Fields using Gibbs functions. This algorithm closely follows the Shepp-Vardi [68] EM algorithm and in fact reduces to it when the prior tends to the uniform distribution. Hebert and Leahy [23] apply their method to single photon emission data. In [19], [20], Gibbs energy functions have been used as prior distributions in SPECT.

Other types of priors with EM approach to Bayesian reconstruction have also been used. Liang and Hart [42] and Hart and Liang [22] used uncorrelated Gaussian and Poisson priors. Liang [41], Liang, Jaszczak and Hart [43] and Liang, Jaszczak and Greer [44] have used uniform and nonuniform probability distributions as priors. Their formulation in some cases leads to explicit EM solutions after some approximations. Levitan and Herman [39] use uncorrelated Gaussian prior and present an explicit algorithm. Lange, Bahn and Little [35] use gamma function priors independent over pixels, as pointed out earlier. Nunez and Llacer [55] use the entropy of the generated image as a prior distribution. They report that their method results in images that do notexhibit deterioration characteristic of MLE reconstructions at a high number of iterations. The EM-based Bayesian reconstruction procedures sometimes perform better than ML EM. Further, in order to develop a closed-formM-step, some modifications are done to the algorithm, which destroys the EM property of the algorithm and may have questionable convergence properties.

8. Smoothed EM

The EM solution is generally found to be too rough and noisy. So it is suggested by Vardi, Shepp and Kaufman [80] to use a smoothed version of MLE. For instance, a smoothing matrix may be used as follows:

$$x_s^{\text{new}} = \sum_r w_{sr} x_r^{\text{old}} \sum_t y_t \frac{p_{rt}}{\sum_u x_u p_{ut}}.$$

Here, W is generally taken to be a row stochastic matrix. This can also be viewed as an approximation to a penalised likelihood approach. Silverman, Jones, Wilson and Nychka [70] suggest a modified EM algorithm by including a smoothing step in each iteration. They relate this method to a penalised likelihood approach. Green [21] suggests in a

Bayesian approach in which maximum a posteriori probability estimate is proposed, that in the prior, knowledge about the smoothness of the isotope distribution be built in.

There are many other methods suggested in various contexts, many of them being variations and generalisations of the EM algorithm, including some Gibbs sampling methods and other Markov Chain Monte Carlo methods.

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