

Automated segmentation method of white matter and gray matter regions with multiple sclerosis lesions in MR images

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1 **Automated segmentation method of white matter**
2 **and gray matter regions with multiple sclerosis**
3 **lesions in MR images**

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34 Segmentation of white matter and gray matter

35 **Abstract**

36 Our purpose in this study was to develop an automated method for segmentation of white matter
37 (WM) and gray matter (GM) regions with multiple sclerosis (MS) lesions in magnetic resonance
38 (MR) images. The brain parenchymal (BP) region was derived from a histogram analysis for a
39 T1-weighted image. The WM regions were segmented by use of addition of MS candidate
40 regions, which were detected by our computer-aided detection system for the MS lesions, and
41 subtraction of a basal ganglia and thalamus template from “tentative” WM regions. The GM
42 regions were obtained by subtraction of the WM regions from the BP region. We applied our
43 proposed method to T1-weighted, T2-weighted, and fluid-attenuated inversion-recovery
44 (FLAIR) images acquired from 7 MS patients and 7 control subjects on a 3.0 T MRI system.
45 The average similarity indices between the specific regions obtained by our method and by
46 neuroradiologists for the BP and WM regions were $95.5 \pm 1.2\%$ and $85.2 \pm 4.3\%$, respectively,
47 for MS patients. Moreover, they were $95.0 \pm 2.0\%$ and $85.9 \pm 3.4\%$, respectively, for the control
48 subjects. The proposed method might be feasible for segmentation of WM and GM regions in
49 MS patients.

50

51 **Keywords** Multiple sclerosis • Segmentation • Level set method • White matter • Gray matter

52

53 **1 Introduction**

54

55 Multiple sclerosis (MS) is a neurological disorder in the central nervous system. The
56 progressive development of brain atrophy is a well-known characteristic of MS and is viewed as
57 a potential marker of brain damage [1-7]. Therefore, the quantitative evaluation of brain atrophy
58 is important for diagnosis or follow-up of MS by use of magnetic resonance (MR) imaging.
59 Previous MR studies have shown that white matter atrophy in patients with primary progressive
60 MS was closely related to clinical outcome [8], and gray matter atrophy in relapsing-remitting
61 MS (RRMS) was related to the Expanded Disability Status Scale [9]. In such studies,
62 neuroradiologists need to segment the brain parenchyma into the white matter and gray matter
63 regions. However, it is laborious for neuroradiologists to determine the atrophies of the white
64 matter and gray matter regions in MR images on a slice-by-slice basis. Therefore, a number of
65 semi-automated and automated methods for segmentation of the white matter and gray matter
66 regions have been developed for assisting radiologists in evaluating the atrophies of these
67 regions in clinical practice [10-19]. However, these methods were developed for MR images
68 without MS lesions. Ge et al. [2] proposed a semi-automated method based on fuzzy
69 connectedness [10] for segmentation of white matter and gray matter regions with MS lesions.
70 Stefano et al. [5] developed a semi-automated method by using the SIENA (structural imaging
71 evaluation of normalized atrophy) X software [20] for segmentation of cortical gray matter
72 regions with MS lesions.

73 In general, semi-automated methods are time-consuming, and the results depend on
74 how the methods are used. Alfano et al. [11,21] developed an automated method for extraction
75 of the white matter and gray matter regions in MS patients for estimation of their atrophy,
76 although they did not evaluate the accuracy of their segmentation method. Many researchers
77 employed statistical parametric mapping (SPM99) [12] as an automated segmentation tool for

78 the white matter and gray matter regions [3,6-9]. However, a majority of MS lesions in the
79 white matter regions were misclassified as gray matter or cerebrospinal fluid (CSF) by SPM99.
80 Therefore, further studies are still required for automatically segmenting the white matter and
81 gray matter regions including MS lesions for more accurate evaluation of the atrophies in both
82 regions in MS patients. That is because the atrophy in the white matter regions cannot be
83 correctly evaluated if the MS lesions in the white matter regions are not included. Our purpose
84 in this study was to develop an automated method for segmentation of the white matter and gray
85 matter regions including MS lesions in MR images.

86

87 **2 Materials and methods**

88

89 2.1 Clinical cases

90

91 The MR images of seven patients with RRMS and seven normal controls were used
92 for this study. Patients who were diagnosed as having MS and had MR examinations from
93 January 2007 to April 2008 were sequentially selected. Non-MS subjects, who were matched
94 with the MS patients in terms of age and gender, were chosen as control cases from all non-MS
95 patients who had MR examinations from January 2007 to March 2007. The MS group (5
96 females and 2 males) had a mean age of 31 years (range: 24-51 years), and the control group (5
97 females and 2 males) had a mean age of 30 years (range: 15-56 years). This study was
98 performed under a protocol approved by the institutional review board of the university
99 hospital.

100 All brain MR images were acquired with a 3.0 Tesla MR system (Signa Excite; GE
101 Medical systems, Milwaukee, Wis, USA). The following three imaging parameters were used:
102 2500/9.1/1000/224×320/2/1 minute 30 seconds [repetition time msec/echo time msec/inversion

103 time/matrix size/number of excitations (NEX)/imaging time] for each two-dimensional (2D)
 104 T1-weighted spin-echo imaging, 4000/85/512×312/3/10.9/3 minutes 20 seconds (repetition time
 105 msec/echo time msec/matrix size/NEX/echo-spacing/imaging time) for each 2D T2-weighted
 106 fast spin-echo imaging, and 12000/140/2600/224×256/2/9.1/3 minutes 20 seconds (repetition
 107 time msec/echo time msec/inversion time/matrix size/NEX/echo-spacing/imaging time) for each
 108 2D fluid-attenuated inversion-recovery (FLAIR) imaging. All images were acquired with a
 109 section thickness of 5 mm, an intersection gap of 1 mm, a field of view of 22 cm, and 16-bit
 110 gray levels. Zero-fill interpolation processing was used for reconstruction of 2D images with
 111 512 × 512 pixels and a pixel size of 0.4297 mm, which result in apparent high resolution
 112 images.

113 Three slices, which were located at the basal ganglia or at more superior levels, were
 114 selected per case, because Carone et al. [7] had reported that the basal ganglia, thalamus, and
 115 superior cortex were atrophied in MS patients.

116

117 2.2 Segmentation of brain parenchymal regions

118

119 The brain parenchymal region was segmented from a T1-weighted image based on an
 120 analysis of a gray-level histogram [22]. Figure 1 shows an example of a histogram of an original
 121 T1-weighted image. The histogram of a T1-weighted image can be divided into four parts, i.e.,
 122 background, CSF, brain parenchymal, and fat regions. First, the head region was extracted from
 123 the original T1-weighted image by use of the threshold value T_{BG} given by

$$124 \quad T_{BG} = M_{BG} + k_{BG}SD_{BG}, \quad (1)$$

125 where M_{BG} and SD_{BG} are the mean value and the standard deviation (SD), respectively,
 126 determined from the first largest peak (the first left peak) with more than a certain number of
 127 pixels in the histogram as shown in Fig. 1, which was empirically set as 10,000 pixels in this

128 study. k_{BG} is a constant. Second, the CSF regions were removed from the head region with the
129 threshold value T_{CSF} obtained by an automated thresholding technique based on linear
130 discriminant analysis [23] for the histogram of the T1-weighted image. Third, the brain
131 parenchymal region was extracted by reduction of the fat regions in a manner similar to that for
132 the background. The threshold value for the fat region T_{FAT} was determined by

$$133 \quad T_{FAT} = M_{BP} + k_{BP}SD_{BP}, \quad (2)$$

134 where M_{BP} and SD_{BP} are the mean value and the standard deviation, respectively, obtained from
135 the second largest peak (the first right peak) with more than a certain number of pixels in the
136 histogram of the brain parenchymal and fat regions as shown in Fig. 1, which was empirically
137 set as 700 pixels in this study. k_{BP} is a constant. Note that some small holes could occur within
138 the brain parenchymal region, because a number of pixels in the brain parenchymal region are
139 similar to those in the fat regions. Therefore, the holes were filled in by the addition of a rough
140 brain parenchymal region without holes to the brain parenchymal region after reduction of the
141 fat region. The rough brain parenchymal region without holes was obtained by application of a
142 circular morphological erosion kernel to the head region. In this study, the constant values k_{BG}
143 and k_{BP} were set as 10 and 4, respectively. The parameters were determined empirically by use
144 of nine clinical cases in the study of Kawata et al. [22], which are different from cases used in
145 this study.

146

147 2.3 Segmentation of white matter regions

148

149 Figure 2 shows the overall scheme for segmentation of the white matter regions. First,
150 a brain parenchymal region was segmented by use of the method mentioned above. Second, a
151 T2-T1 subtraction image was obtained by subtraction of a T1-weighted image from a
152 T2-weighted image. Third, the “tentative” white matter regions were segmented on the

153 subtraction image by use of a level set method [24] in the brain parenchymal region. Fourth, MS
154 candidate regions detected by our computer-aided detection (CAD) system [25] were added
155 onto the “tentative” white matter regions. Fifth, the white matter regions were determined by
156 removal of a basal ganglia and thalamus (BGT) template from the white matter regions.

157

158 *2.3.1 Subtraction image between T2-weighted and T1-weighted images*

159

160 A T1-weighted image was subtracted from a T2-weighted image for increasing the
161 contrast between the white matter and gray matter regions. Figure 3 shows the three pixel value
162 histograms of the brain parenchymal region in T2-weighted, T1-weighted, and subtraction
163 images, whose pixel values were normalized from 0 to 1023. In the T2-weighted image, the
164 white matter regions have lower pixel values compared with the gray matter regions, whereas
165 there is an inverse relationship in the T1-weighted image. On the other hand, the contrast could
166 not be detected in the T1-weighted images, because the peaks of the white matter and gray
167 matter regions were overlapped. The average contrast between the peak pixel values of the
168 white matter and gray matter regions for 14 slices selected from 14 cases was 174 ± 53.7 pixel
169 values for the subtraction images, and 119 ± 21.3 pixel values for the T2-weighted images. As a
170 result, the white-matter-gray-matter contrast in the subtraction image was higher than that in the
171 T2-weighted image with a statistically significant difference ($P < 0.01$). Therefore, the contrast
172 between the white matter and gray matter regions was increased by subtraction of the
173 T1-weighted image from the T2-weighted image. Figure 4 shows the brain parenchymal regions
174 in three images, i.e., T2- weighted, T1-weighted, and the T2-T1 subtraction image. The T2-T1
175 subtraction image seems to have the highest contrast.

176

177 *2.3.2 Segmentation of initial white matter regions*

178

179 The initial white matter candidate regions were segmented from the T2-T1 subtraction
180 image by use of an automated thresholding technique based on a linear discriminant analysis
181 [23] for a pixel value histogram in the brain parenchymal region. However, a number of thin
182 and long fat regions as well as the small white matter regions were still remained. Therefore,
183 two types of candidate regions were selected as the white matter regions. One type was the
184 candidate region of the largest size, and the other type was a region whose mean pixel value was
185 within the range between the mean pixel value \pm a SD of the largest region. Finally, a
186 morphological erosion operation with a 3×3 kernel was applied three times to the binary image
187 with white matter candidate regions on the assumption that the eroded regions could be inside
188 the “true” white matter regions. The resulting white matter candidate regions were considered as
189 initial white matter regions.

190

191 *2.3.3 Segmentation of “tentative” white matter regions based on a level set method*

192

193 The “tentative” white matter regions were segmented based on a level set method,
194 where a new speed function was developed in this study for accurate segmentation of white
195 matter regions. The level set method is an active contour model, which has been widely used for
196 segmentation of some anatomical regions in medical images such as brain regions in MR
197 images [24,26,27]. In our research, the level set method was performed by means of a fast
198 narrow band method [28,29] for reducing the calculation time. First, a level set function ϕ was
199 determined as a signed distance function from the contour of the initial white matter regions,
200 which was the zero level in the level set function. Second, the level set function ϕ was updated
201 according to the following partial differential equation:

202
$$\frac{\partial \phi}{\partial t} + F|\nabla \phi| = 0, \quad (3)$$

203 where t is the time, F is the speed function, and ∇ is the gradient operator. While the level set
 204 function is updated, the zero level set ($\phi = 0$) moves according to the speed function in the
 205 three-dimensional (3D) level set function. Here, the zero level set is called a “moving front”.
 206 Finally, the update of the level set function was stopped if a certain ratio of pixels r_t on the zero
 207 level did not move within a certain number of iterations i_t . The zero level ($\phi = 0$) of the function
 208 is considered as the final contour of the object. In this study, we developed a speed function F
 209 given by

210
$$F = b(v + \rho\kappa), \quad (4)$$

211 where b is the edge indicator function, v and ρ are constants, and κ is the mean curvature. The
 212 term of $\rho\kappa$ gives the smoothness of the front propagation. The edge indicator function b is
 213 defined as

214
$$b = \frac{1}{1 + |\nabla I(x, y)|}, \quad (5)$$

215 where $I(x, y)$ is the image processed with an adaptive partial median (APM) filter [30]. The
 216 edge indicator function b plays an important role for stopping the moving front propagation at
 217 the desired boundary of the object, because the function b approaches zero when the moving
 218 front arrives at the object boundary. However, if the object boundary includes noise, the
 219 segmentation result would be inaccurate and unstable. Therefore, some smoothing filter such as
 220 a Gaussian filter should be applied to the original image for reduction of noise prior to
 221 application of the level set method. However, an edge-preserving smoothing (EPS) filter would
 222 be preferred as a smoothing filter, because the general smoothing filters blur the edge of an
 223 object. In this study, we chose an APM filter developed by Lee et al. [30] as an EPS filter,
 224 because the APM filter can reduce noise with preserving edges owing to their adaptive filter
 225 size and shape in each pixel. Figure 5 shows an original T2-weighted image and resulting

226 images obtained by three smoothing filters, i.e., the Gaussian filter, an EPS filter [31], and the
227 APM filter. The image processed with the APM filter seems to be the best among the three
228 images in terms of reducing noise and preserving edges. In this study, the parameter values r_t , i_t ,
229 v , and ρ were set as 0.999, 500, 1.0, and -0.6, respectively, which were optimized so that the
230 maximum similarity index (Eq. (6) in Subsection 2.5) could be obtained. The time interval for
231 the partial differential equation was set as 0.1.

232

233 *2.3.4 Addition of MS regions detected by a CAD system onto “tentative” white matter regions*

234

235 MS candidate regions, which were automatically detected in the FLAIR image by a
236 CAD system for MS developed by Yamamoto et al. [25], were added onto the “tentative” white
237 matter regions, because several high-contrast MS lesions were not included in the white matter
238 regions. Figure 6 shows an illustration of addition of MS regions detected by a CAD system for
239 MS. As shown in this figure, the holes corresponding to MS regions in the “tentative” white
240 matter regions were filled in by adding of the MS regions detected by a CAD system for MS.

241 Prior to the addition of MS regions, a morphological dilation operation with a
242 3×3 -square kernel was applied to the MS candidate regions. At the end of this processing, a
243 morphological closing operation with a 3×3 -square kernel was applied three times to white
244 matter candidate regions with MS candidate regions for smoothing of candidate regions.

245 The overall scheme for segmentation of MS regions is shown in Fig. 7. In the CAD
246 system [25], MS candidate regions were detected through the following steps:

247 (1) MS lesions were enhanced by subtraction of a background image, which was approximated
248 by the first order polynomial in the brain parenchymal region from the FLAIR image. (2) The
249 initial candidates were identified by use of a multiple gray-level thresholding technique on the
250 subtraction image as the points with local maximum pixel values [32,33]. MS candidate regions

251 were segmented by use of a region-growing technique from the location of the initial candidates
252 based on monitoring of large changes in five image features, i.e., effective diameter, area,
253 circularity, slenderness, and the difference in the mean pixel value within the inner and outer
254 regions of a candidate region. (3) The large number of false positive regions was reduced based
255 on a rule-based method. (4) Final regions in MS candidates were determined by use of a level
256 set method, which was used for reduction of false positives as well as more accurate
257 segmentation. (5) All candidate regions were classified into true positive and false positive
258 candidate regions by use of a support vector machine, which is a classifier based on a statistical
259 learning theory.

260

261 *2.3.5 Removing of basal ganglia and thalamus from white matter candidate regions*

262

263 Final white matter regions were determined by removal of a basal ganglia and
264 thalamus template of the gray matter from the white matter regions, because it was difficult to
265 remove the basal ganglia and thalamus regions of the gray matter from the white matter regions
266 due to the very low contrast. The basal ganglia and thalamus template shown in Fig. 8 was
267 produced manually from a T2-weighted image of one patient out of the 14 cases used in this
268 study. The slices including the basal ganglia and thalamus were selected manually, and then the
269 basal ganglia and thalamus template was adjusted to each brain parenchyma by use of a 2D
270 affine transformation [34]. Finally, the white matter regions were determined after removal of
271 the adjusted template from the tentative white matter regions. The nine feature points for the
272 affine transformation were selected automatically on two straight lines that ran at right angles to
273 one another, in the circumscribed rectangle of the brain parenchyma.

274 The internal capsules of the white matter were included in the basal ganglia and
275 thalamus template, because it seems impossible even for neuroradiologists to extract the internal

276 capsules in the T1-weighted, T2-weighted, and FLAIR images. Therefore, the internal capsule
277 was included in the gold standard regions of gray matter in this study.

278

279 2.4 Segmentation of gray matter regions

280

281 The gray matter regions were obtained by subtraction of the white matter regions from
282 the brain parenchymal region.

283

284 2.5 Evaluation of segmentation accuracy

285

286 The segmentation accuracy of our method was evaluated by use of a similarity index
287 [35], which means the degree of similarity between the candidate region C obtained by our
288 method and the gold standard region G obtained by a manual method. The similarity index was
289 obtained by the following equation:

$$290 \text{ Similarity index (\%)} = \frac{2n(G \cap C)}{n(G) + n(C)} \times 100, \quad (6)$$

291 where $n(G)$ was the number of gold standard pixels, $n(C)$ was the number of segmented
292 pixels automatically determined by use of our method, and $n(G \cap C)$ was the number of
293 logical AND pixels between G and C . We defined the gold standard regions based on manual
294 contouring by an experienced neuroradiologist, following verification by a senior experienced
295 neuroradiologist. The gold standard regions of the brain parenchyma and white matter were
296 determined by the neuroradiologist's delineating their contours on the T1-weighted image and
297 T2-weighted image, respectively. Moreover, the gold standard regions of gray matter were
298 obtained by subtraction of the white matter regions from brain parenchymal regions. Therefore,
299 we evaluated the segmentation accuracy of the brain parenchymal and white matter regions by

300 using the similarity index. However, the variability of the gold standard was not investigated in
301 this study, but is clarified in the Discussion Section.

302

303 **3 Results**

304

305 We investigated the computational impact of the CAD step on the proposed method.
306 Results were obtained by use of a personal computer with two 2.66 GHz Intel Dual-Core Xeon
307 CPUs and 5 GB memory. It took about 20 seconds and 150 seconds on average for the
308 segmentation step and the CAD step to deal with each MR image, respectively. Therefore, the
309 computational impact of the CAD step on the proposed method was 88% on average.

310 Table 1 shows the average similarity indices of all steps for the white matter regions.
311 The average similarity indices for white matter regions without and with addition of MS
312 candidate regions to the “tentative” white matter regions were $80.3 \pm 10.3\%$ and $80.5 \pm 10.5\%$,
313 respectively, in MS patients. According to these average results, the addition of MS candidate
314 regions does not seem to be effective for accurate segmentation of the white matter regions.
315 However, Fig. 9 shows a good example of the effect of adding MS candidate regions, i.e.,
316 segmented white matter regions of an MS patient without and with adding of MS candidate
317 regions. The similarity index for the white matter regions increased from 84.7% to 89.3% by
318 use of the proposed CAD system. The average similarity index for white matter regions
319 increased from $80.5 \pm 10.5\%$ to $85.2 \pm 4.3\%$ in MS patients by removal of the basal ganglia and
320 thalamus template region from the “tentative” white matter regions. Figure 10 shows two
321 images, which are the white matter regions of an MS patient without and with removal of the
322 basal ganglia and thalamus template region, respectively. The similarity index for the white
323 matter regions increased from 68.2% to 84.0%. Furthermore, the average similarity index for
324 white matter regions increased from $81.0 \pm 9.8\%$ to $85.9 \pm 3.4\%$ in the control subjects, and

325 increased from $80.7 \pm 9.9\%$ to $85.5 \pm 3.8\%$ in all cases by removal of the basal ganglia and
326 thalamus template region.

327 As a final result, Fig. 11 shows the similarity indices for white matter and gray matter
328 regions of all slices, and Table 2 shows the average similarity indices for the brain parenchymal
329 and white matter regions. The average similarity indices of brain parenchymal and white matter
330 regions were $95.5 \pm 1.2\%$ and $85.2 \pm 4.3\%$, respectively, for MS patients. Moreover, they were
331 $95.0 \pm 2.0\%$ and $85.9 \pm 3.4\%$, respectively, for the control subjects. Here, there were no
332 significant differences in the segmentation accuracy of any regions between MS patients and
333 controls ($P > 0.35$). In all cases, the average similarity index was $95.2 \pm 1.6\%$ for brain
334 parenchymal regions and $85.5 \pm 3.8\%$ for white matter regions. Examples of regions segmented
335 by the proposed method are shown in Fig. 12. The similarity index was 95.9% for the brain
336 parenchymal region and 85.7% for white matter regions.

337

338 **4 Discussion**

339

340 The proposed method is based on three kinds of 2D MR images, because (1) the
341 T2-weighted and/or FLAIR 2D images have been established as routine sequences for diagnosis
342 of MS lesions [36-38], (2) the data acquisition time of a 2D MR image is shorter than that of a
343 3D image, and (3) the in-plane spatial resolution and contrast in a 2D MR image can be higher
344 than those of a 3D image, respectively. Nevertheless, there are a number of advantages of 3D
345 imaging for accurate diagnosis of MS, such as identification of 3D locations of MS lesions and
346 more accurate segmentation. The 3D locations of MS lesions are associated with visual, motor,
347 and sensory impairments. Therefore, we plan to modify the proposed method from the 2D-based
348 method to a 3D-based one.

349 The segmentation accuracy depends on the strength of the magnetic field. In this study,

350 all MR images were acquired on a 3.0 Tesla MR system. In general, lower magnetic field
 351 strength increases the image noise, which could lead to inaccurate segmentation results.
 352 Therefore, we should investigate the robustness of the proposed method by applying it to MR
 353 images acquired on 1.5 Tesla or lower field MR systems in future work.

354 There is a chance that false positive candidates were included in initial white matter
 355 regions as well as final white matter regions. As a result, however, there were 47 false positive
 356 regions in all 42 slices used in this study, and thus the area ratio of the false positive regions to
 357 the gold standard white matter regions was $0.17 \pm 0.44\%$ on average for each slice. Although
 358 the number of false positive regions should be reduced as much as possible, there is little impact
 359 of false positives on the segmentation accuracy in the proposed method.

360 It would be important to evaluate MS candidate regions that were underestimated and
 361 overestimated by the proposed method at each step of the segmentation of white matter regions.
 362 For that purpose, we calculated an overlap fraction (OF) and extra fraction (EF) [39], which can
 363 evaluate underestimated and overestimated regions, respectively. The OF and EF are defined as

$$364 \quad \text{Overlap fraction}(\%) = \frac{TP}{TP + FN} \times 100, \quad (7)$$

$$365 \quad \text{Extra fraction}(\%) = \frac{FP}{TP + FN} \times 100, \quad (8)$$

366 where TP, FP, and FN are true positive, false positive, and false negative pixels, respectively.
 367 The OF approaches unity with decreasing underestimated regions, whereas the EF approaches
 368 zero with decreasing overestimated regions. For MS patients, the average OFs for white matter
 369 regions without and with addition of CAD outputs were $89.2 \pm 6.1\%$ and $90.5 \pm 5.1\%$,
 370 respectively, and the average EFs were $35.7 \pm 27.8\%$ and $37.6 \pm 29.1\%$, respectively. In this
 371 step, some MS regions were removed as FNs, but also some FP regions were added onto the
 372 white matter regions. Furthermore, for MS patients, the average OFs for white matter regions
 373 without and with removal of the basal ganglia and thalamus regions were $90.5 \pm 5.1\%$ and 89.8

374 $\pm 5.4\%$, respectively, and the average EF decreased from $37.6 \pm 29.1\%$ to $21.1 \pm 8.7\%$ ($P <$
375 0.05). On the other hand, for control subjects, the average OFs without and with removal of the
376 basal ganglia and thalamus regions were $88.7 \pm 3.7\%$ and $88.2 \pm 4.3\%$, respectively, and the
377 average EF decreased from $33.0 \pm 26.2\%$ to $17.4 \pm 7.1\%$ ($P < 0.05$). Consequently, the average
378 OF and EF in all cases were $89.0 \pm 4.9\%$ and $19.2 \pm 8.1\%$, respectively, in the final step of the
379 segmentation of white matter regions.

380 Although the gold standard regions for the brain parenchyma, white matter, and gray
381 matter regions were based on manual contouring with the consensus of two experienced
382 neuroradiologists in this study, it is important to consider inter- and intra-observer variability
383 when the gold standard regions are determined by manual segmentation. Gao et al. [40] reported
384 that there was intra-observer variability (maximum SD ranging from 2% to 8% of the mean) and
385 inter-observer variability (SD of the observers' means being 18.8% of the mean volume) in the
386 manual delineation of prostate volume on a computed tomography (CT) image for radiation
387 therapy. The variability in the delineation of the white matter and gray matter could be larger
388 than that of the prostate due to their complicated shapes. Therefore, we should investigate the
389 variability of manual segmentation for white matter and gray matter regions by several
390 observers, and then calculate the similarity index by considering the variability of the gold
391 standards in future work.

392 Other limitations of this study need to be described. First, the CAD system for
393 detection of MS regions [25] produced a few false positives, and it was not able to detect a
394 number of MS regions. According to a report by Yamamoto et al. [25], the sensitivity and the
395 number of false positives were 81.5% and 2.9, respectively, for 3 MS cases including 168 MS
396 lesions, two cases of which were used for this study. The false positives and false negatives
397 could lead to the overestimation and underestimation of white matter regions, respectively.
398 Therefore, the CAD system should be improved in terms of the detection accuracy. Second, we

399 did not deal with cases where MS lesions were developed in the gray matter regions which were
400 reported by Kidd et al. [41] and Peterson et al. [42]. However, the current proposed method
401 considers all MS lesions as a part of the white matter regions [1-8], because the majority of MS
402 lesions develop in the white matter regions. Nonetheless, we should improve the proposed
403 method so that MS lesions detected by the CAD system can be classified correctly in the white
404 matter and gray matter regions.

405

406 **5 Conclusions**

407

408 We have developed an automated method for segmentation of the white matter and
409 gray matter regions including the MS lesions. As a result, the white matter and gray matter
410 regions are segmented automatically even if patients have MS lesions. Therefore, our proposed
411 method might be feasible as a diagnostic tool for MS patients in clinical practice.

412

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414

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418

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528

529 **Table 1** Average similarity indices of all steps for white matter regions.

530

	MS patients (%)	Controls (%)	All cases (%)
Initial white matter	80.3 ± 10.3	81.0 ± 9.8	80.7 ± 9.9
Level set method	80.3 ± 10.3	81.0 ± 9.8	80.7 ± 9.9
Addition of MS regions	80.5 ± 10.5	-	-
Removal of BGT template	85.2 ± 4.3	85.9 ± 3.4	85.5 ± 3.8

531

532

533

534 **Table 2** Average similarity indices between regions obtained by the proposed method and
535 neuroradiologists for brain parenchymal, white matter, and gray matter regions.

536

	MS patients (%)	Controls (%)	<i>P</i> value	All cases (%)
Brain parenchyma	95.5 ± 1.2	95.0 ± 2.0	0.359	95.2 ± 1.6
White matter	85.2 ± 4.3	85.9 ± 3.4	0.572	85.5 ± 3.8

537

538

539 **Figure legends**

540 **Fig. 1** Pixel value histogram of an original T1-weighted image, which has four parts
541 corresponding to the background, CSF, brain parenchymal, and fat regions, respectively. T_{BG} ,
542 T_{CSF} and T_{FAT} are the threshold values for reducing the background, CSF, and fat regions,
543 respectively.

544

545 **Fig. 2** Overall scheme for segmentation of white matter (WM) regions.

546

547 **Fig. 3** Pixel value histograms of a T2-weighted image (T2WI), a T1-weighted image (T1WI),
548 and a T2-T1 subtraction image in the brain parenchymal region.

549

550 **Fig. 4** Brain parenchymal regions in **a** T2-weighted image, **b** T1-weighted image, and **c** T2-T1
551 subtraction image.

552

553 **Fig. 5** Comparison of results obtained by three smoothing filters: **a** an original image, **b** with a
554 Gaussian filter, **c** with an edge-preserving smoothing filter, and **d** with an adaptive partial
555 median filter.

556

557 **Fig. 6** Illustration of addition of MS regions detected by a CAD system for MS onto “tentative”
558 white matter regions: **a** MS candidate regions detected by a CAD system, **b** “tentative” white
559 matter regions, where there were holes corresponding to MS regions, **c** “tentative” white matter
560 regions, where the holes were filled in by adding of the MS regions.

561

562 **Fig. 7** Overall scheme for segmentation of MS regions.

563

564 **Fig. 8** A template with basal ganglia and thalamus.

565

566 **Fig. 9** Effect of adding MS candidate regions obtained by a CAD system on segmentation of the
567 white matter regions indicated by white lines: **a** without and **b** with addition of MS candidate
568 regions obtained by the CAD system, and **c** corresponding gold standard regions. The similarity
569 index for the white matter regions increased from 84.7% to 89.3% by use of the CAD system.

570

571 **Fig. 10** Effect of removing basal ganglia and thalamus from the white matter regions indicated
572 by white lines: **a** without and **b** with removal of the basal ganglia and thalamus regions, and **c**
573 corresponding gold standard regions. The similarity index for the white matter regions increased
574 from 68.2% to 84.0%.

575

576 **Fig. 11** Relationship between the average similarity indices for white matter and gray matter

577 regions.

578

579 **Fig. 12** Illustrations of brain parenchymal region (**a, d**), white matter regions (**b, e**), and gray

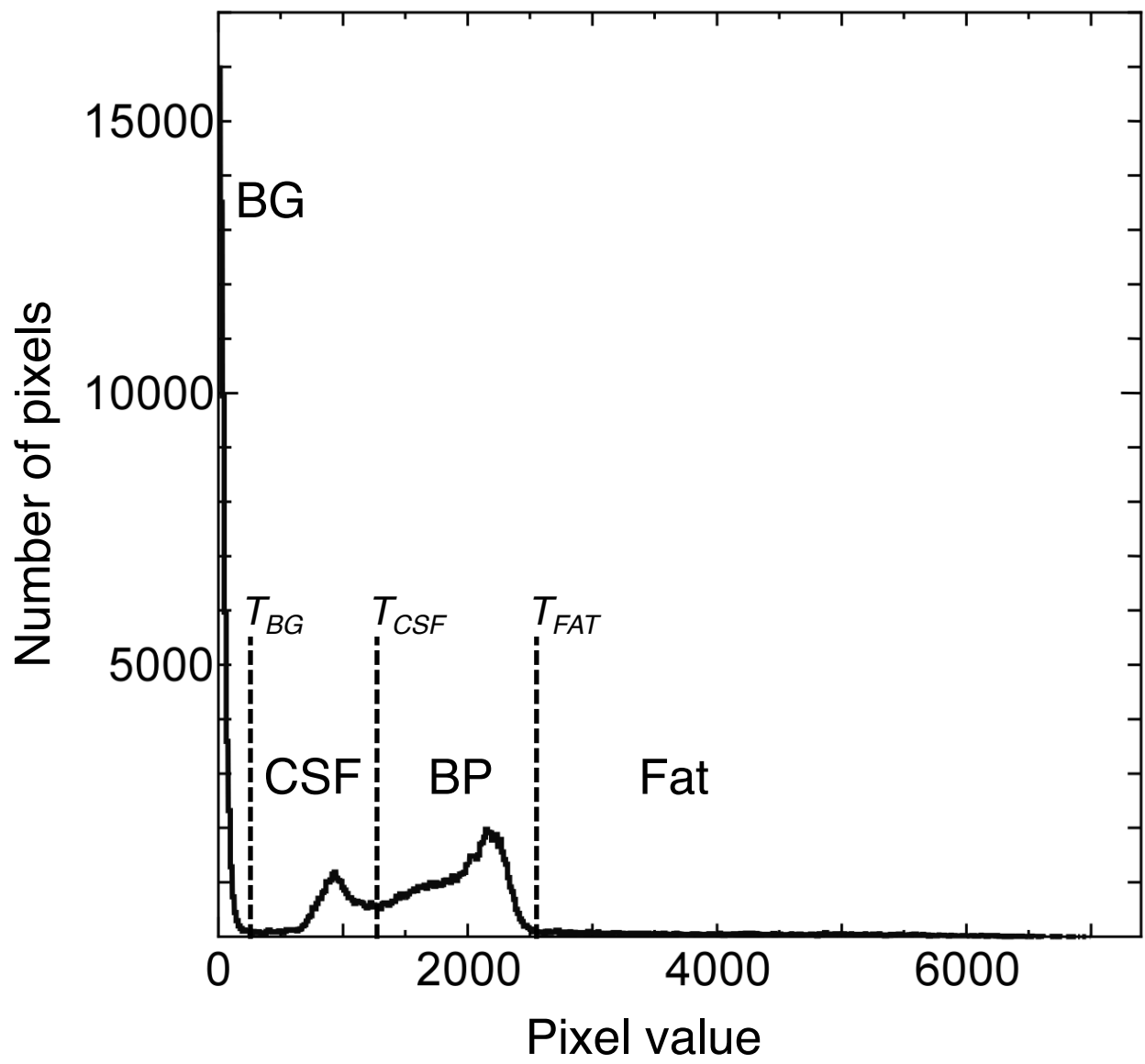
580 matter regions (**c, f**). White lines indicate output regions by the proposed method (**a, b, c**) and

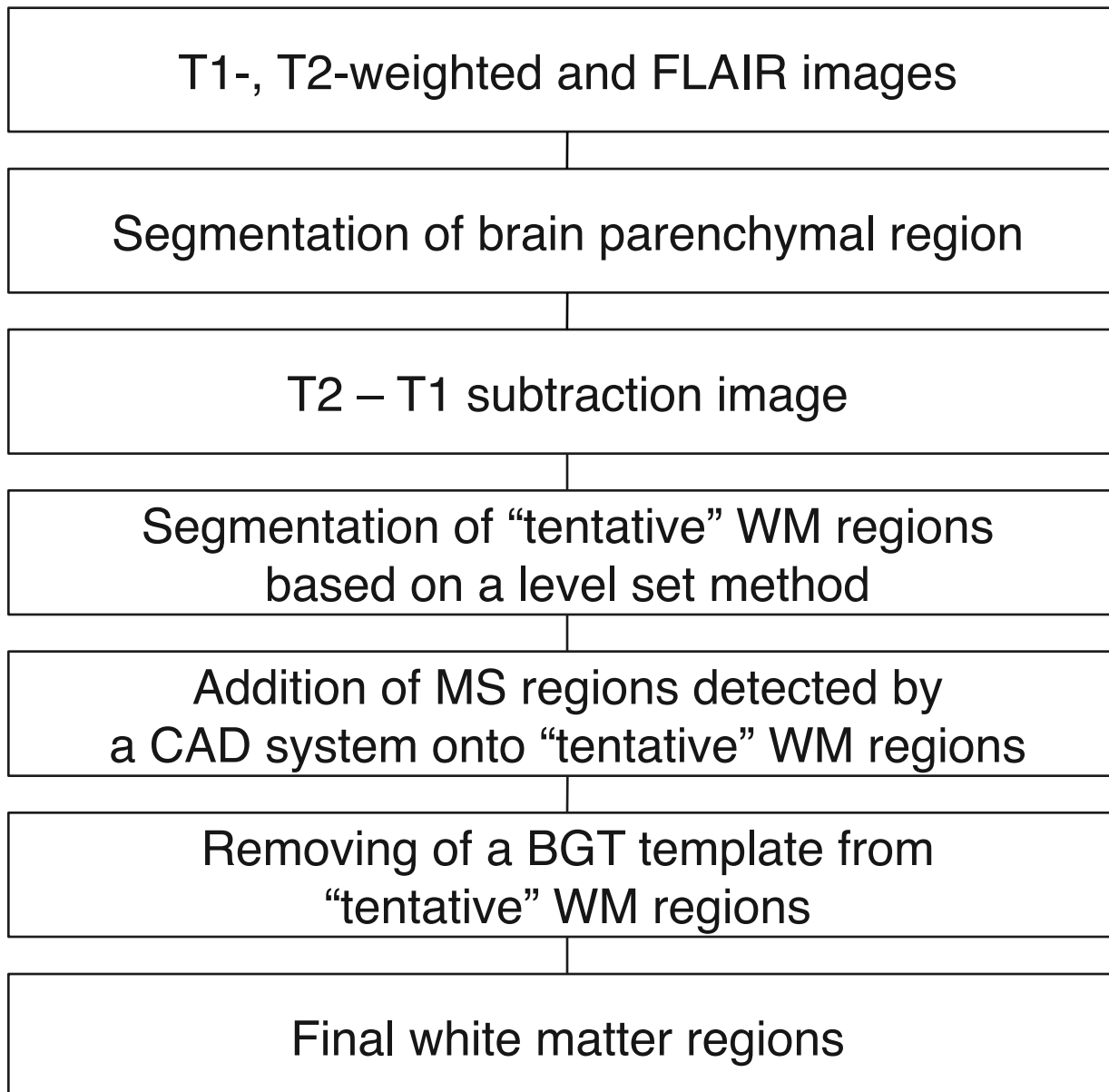
581 corresponding gold standard regions (**d, e, f**). The similarity index was 95.9% for brain

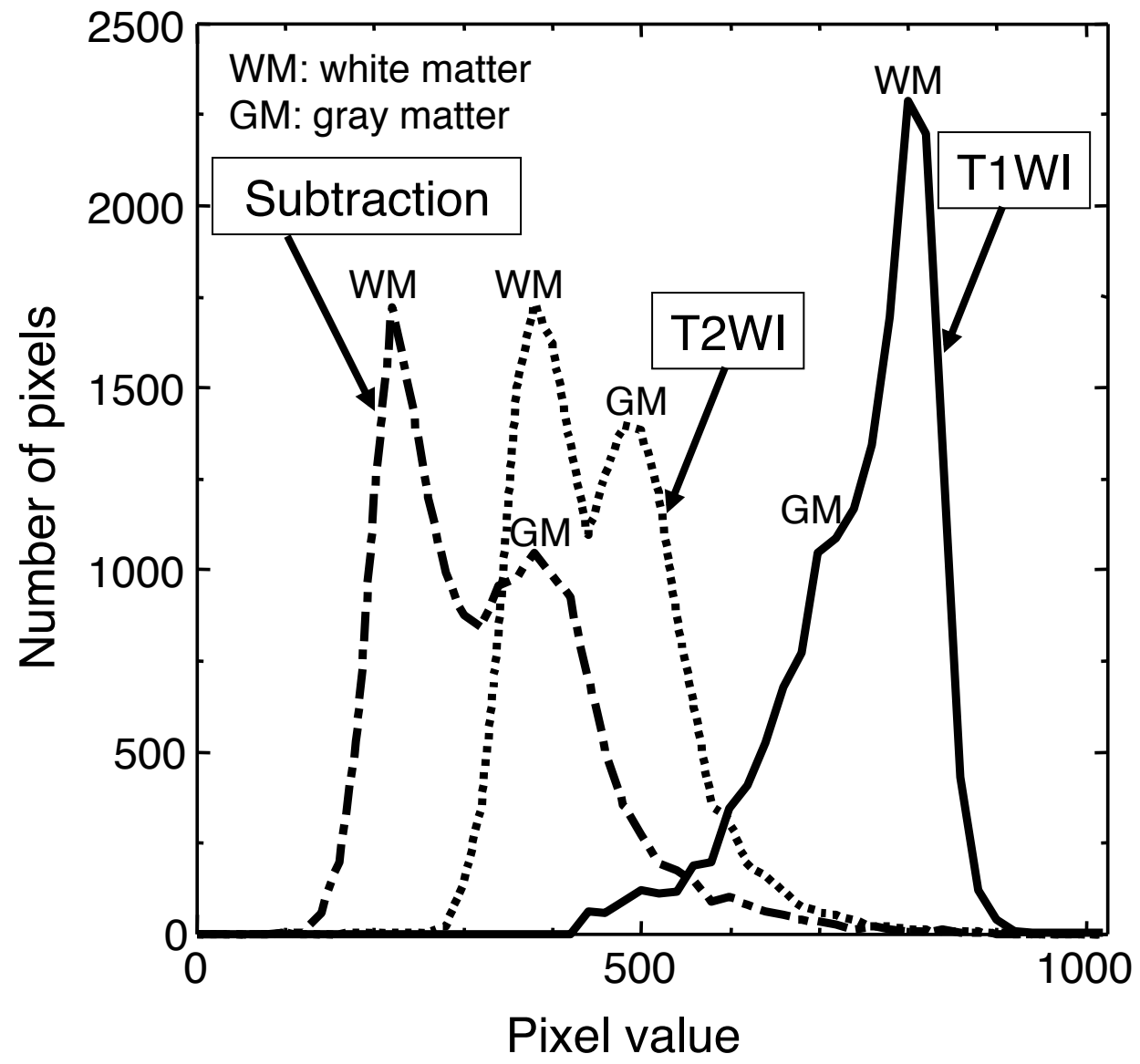
582 parenchymal region and 85.7% for white matter regions.

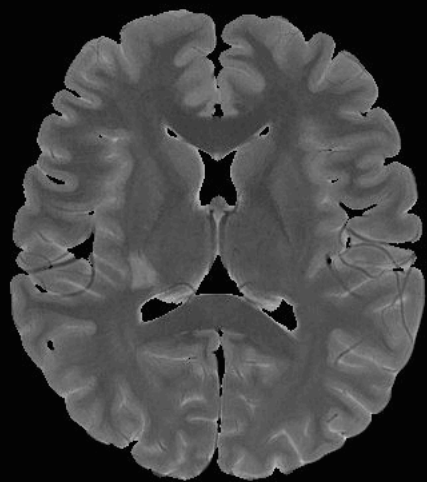
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Fig. 1

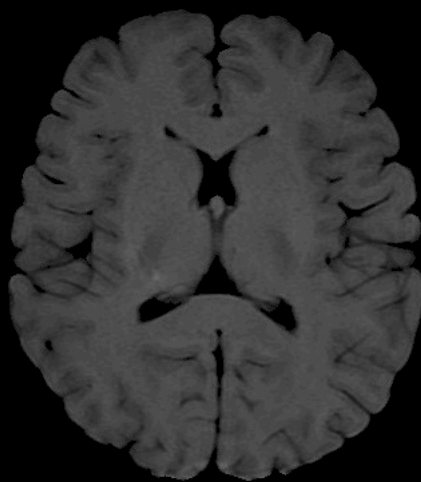




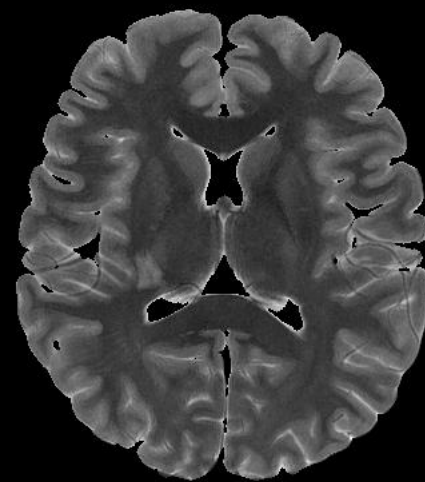




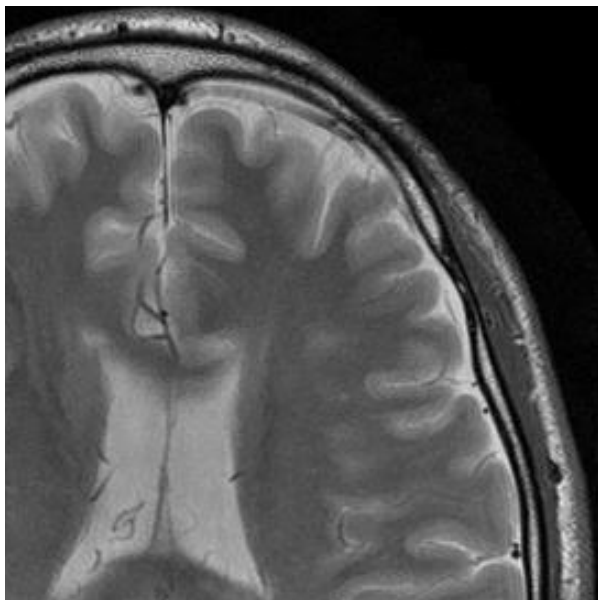
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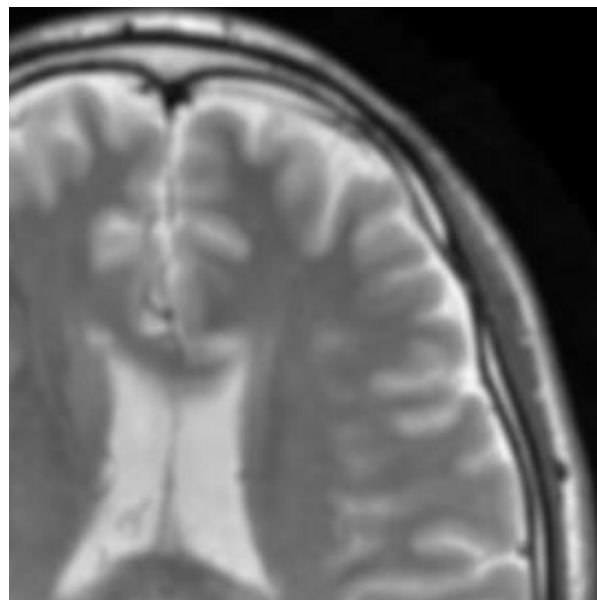
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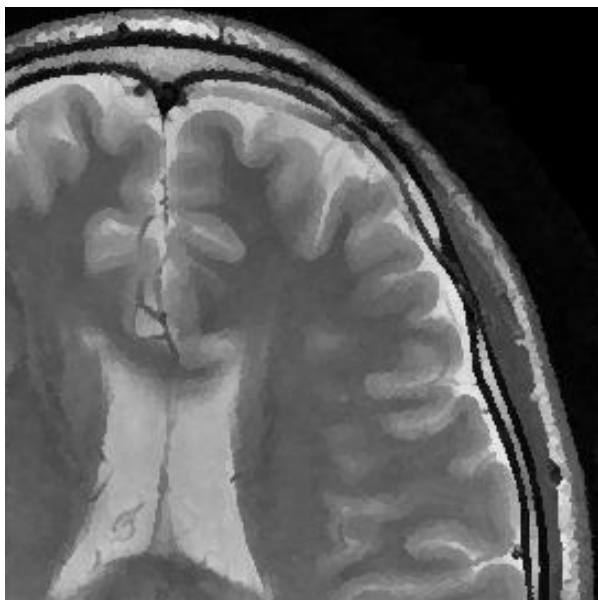
(c)



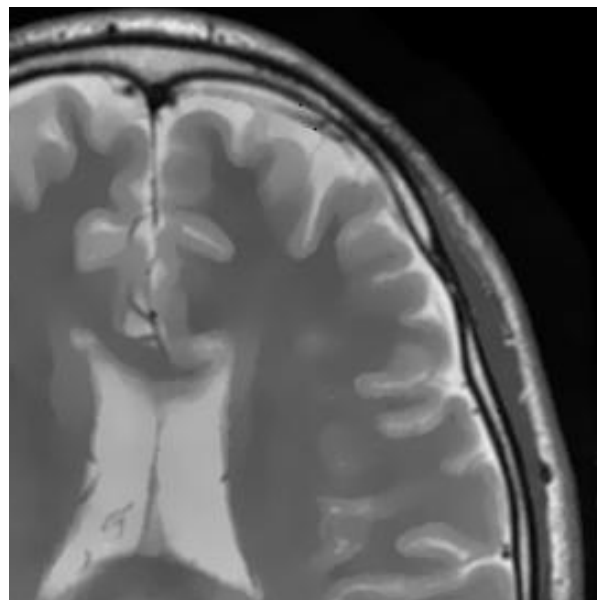
(a)



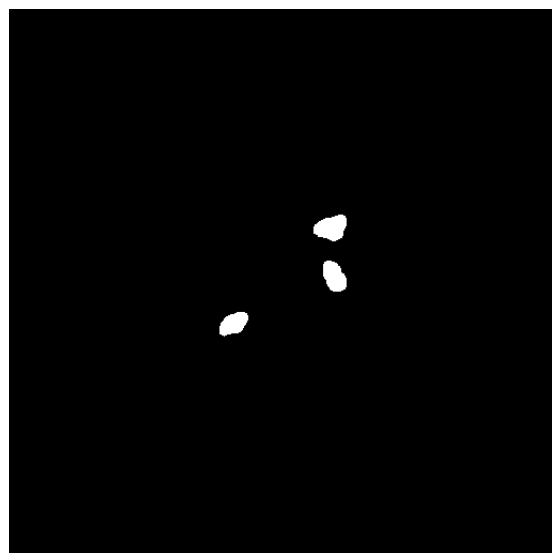
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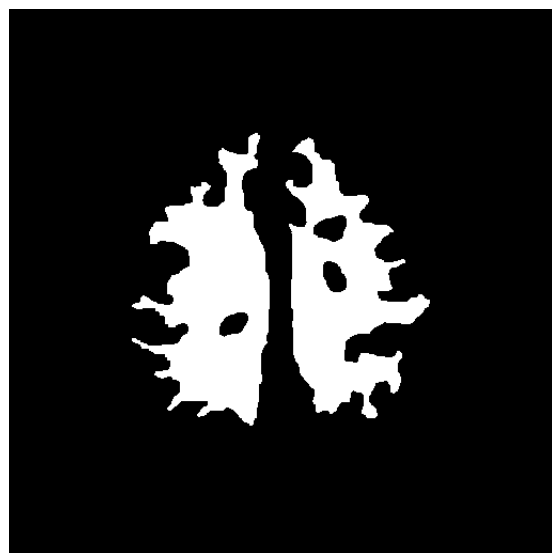
(c)



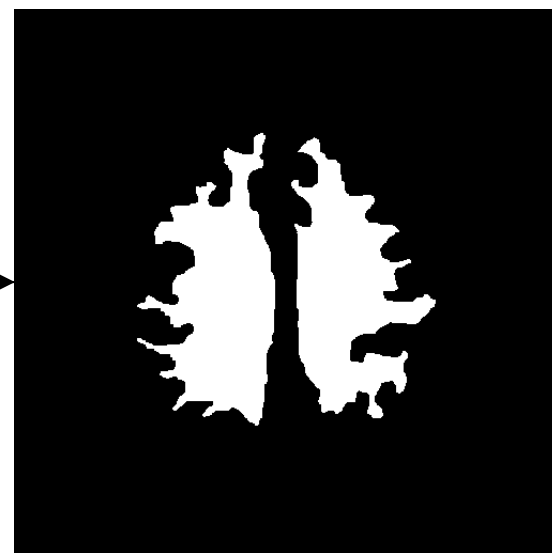
(d)



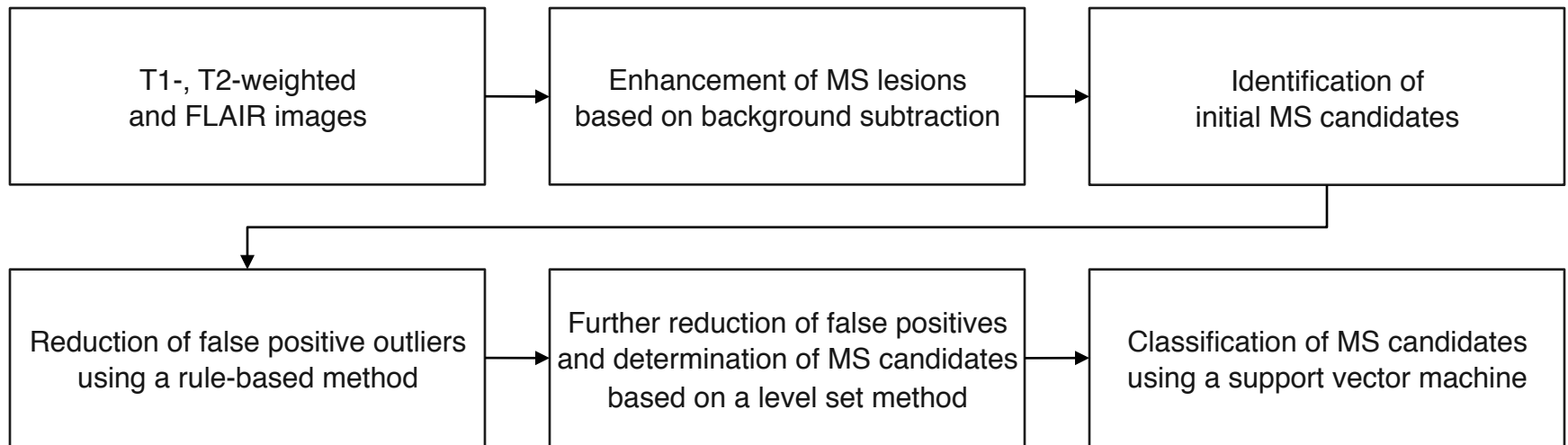
(a)



(b)



(c)







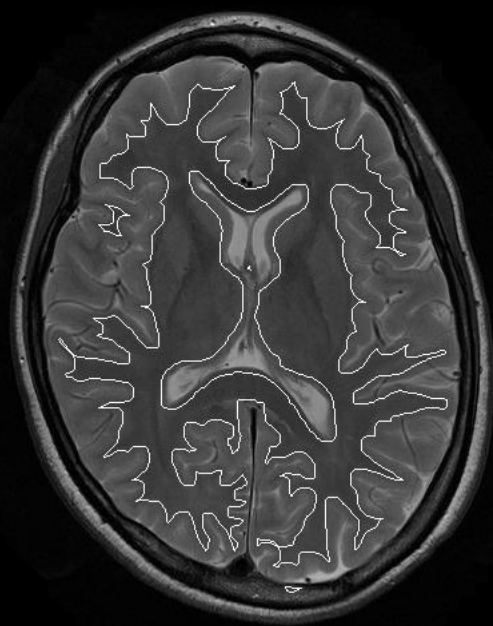
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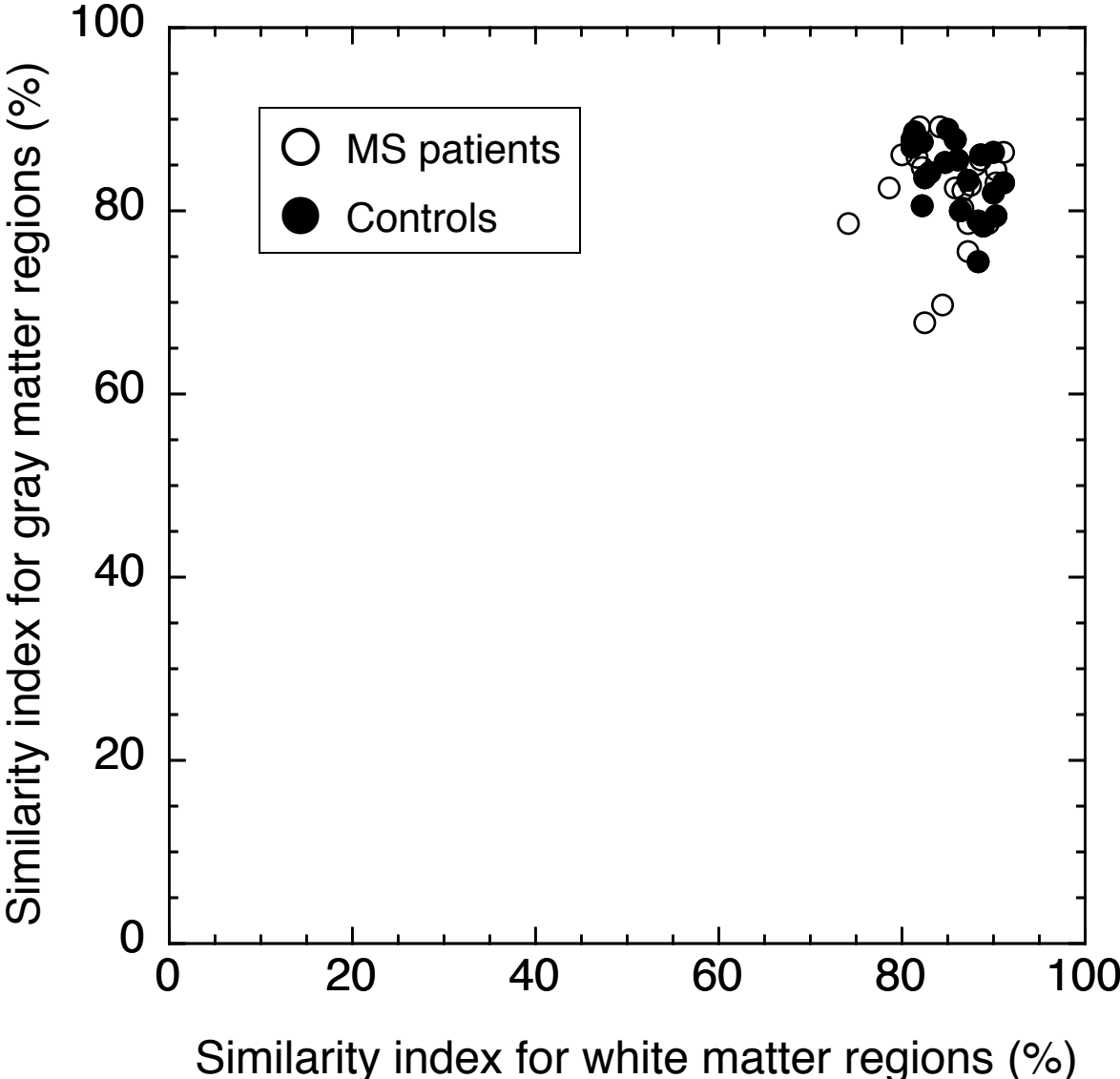
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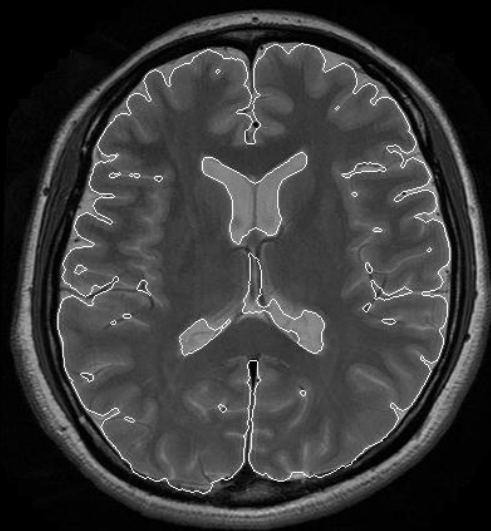


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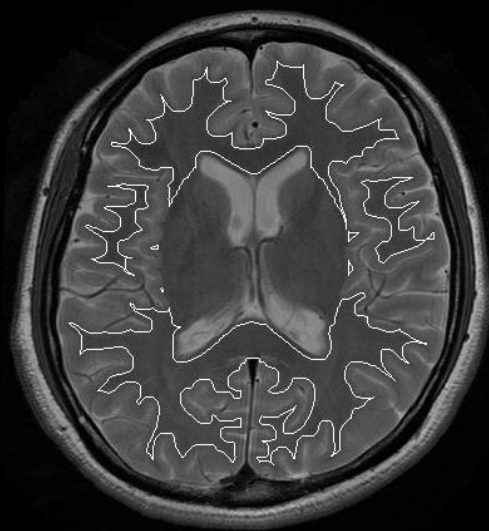


(c)





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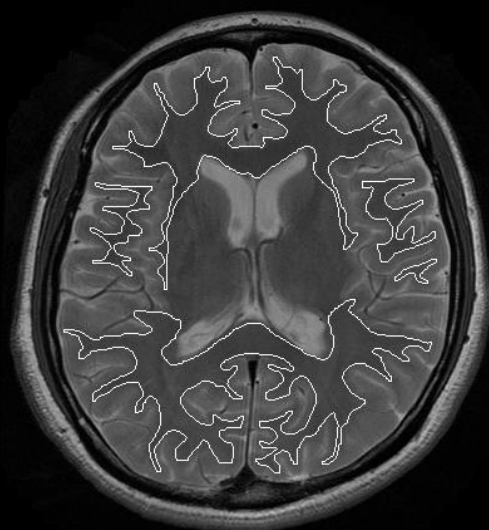
(b)



(c)



(d)



(e)



(f)